



Digital image by Ven. Anzan Hoshin roshi

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Edited by Ven. Jinmyo Renge osho

The White Wind Zen Community:

An international community practising and teaching Dogen's Zen since 1985.

Quotes from teisho are run sequentially in the eMirror

The text continues,

129 無在不在 十方目前
Wu tsai pu-tsai, shih-fang mu-ch'ien.
Wu zai bu zai, shifang muqian.
Zai mo fuzai mo naku, jippō mokuzen.

Not here, not there;
everywhere, before the eyes.

This truth does not fall into the categories of here and there, near or far. It falls open everywhere as the coming and going of our lives. Although it is never the same as any place whether close or far, here or there, it is the ten directions, it is everywhere. It is here and it is there but for it, every "over there" is "here" in its immediacy and intimacy. Every here has a there and every there is a here but the truth cannot be located. Yet it is the white wall before

the eyes in zazen, it is the blinking of the lashes and the dark colours when the eyes are closed. It is thunder and lightning moving away in the distance and rain falling on your face and it is hot and it is cold and it is coming and it is going. It is before the eyes, behind the back, all around and in this skin, meat, bone and marrow.

Through sitting up straight, ears over the shoulder, nose over the navel, we can wise up to what is true throughout and as the ten directions. So wise up, down, and all around and be without difficulty.

Please, this evening, enjoy yourselves.

- Ven. Anzan Hoshin roshi, concluding teisho 18: "Wise Up, Down and All Around," from the series "Without Difficulty: Commentaries on Jianzhi Sengcan's Xinxin Ming: Words on Trusting Awareness," Saturday, September 9th, 2006. (If strange characters instead of 漢字 hanji or kanji appear this means that you need to enable UTF-8 in your Character Encoding settings.)

Upcoming Events

Fusatsu

Chanting of the Precepts will take place on August 31st, September 14th and September 28th.

Dogen-ki

August 28th is Dogen-ki, the memorial of Eihei Dogen zenji's death.

Samu Weekend

The next Samu Weekend is taking place this weekend, Saturday, August 27th and Sunday, August 28th. If you have not yet registered please send an email to Saigyo chiden at saigyo dot cross at gmail.com or leave a message on the Zen Centre office answering machine at 613-562-1568.

Amongst other projects over the two days, we will be working on the following. The basement spare room, which used to contain the administration office will be cleared and cleaned and turned into a practice interview space. Work will continue in the kitchen to paint and install new shelving and the Caretaking Council office will be worked on to continue finishing the walls and organizing the space. There is autumn work to do in the grounds and painting to do in various parts of the building.

Hermitage

The Roshi will begin a period of hermitage on Wednesday, August 31st, which will end on Sunday, September 4th, when he leads monastics in Acalanatha Sadhana.

Introduction to Zen Workshop

The next Introduction to Zen Workshop will take place at Dainen-ji on Saturday, September 3rd. For more information please see: http://www.wwzc.org/programs/Introduction_To_Zen_Workshop_Ottawa.htm

For information concerning our Long-distance Training Program, please visit this Web Page: http://www.wwzc.org/?operation=long_distance.

September Two-day Sesshin

The September 2-day sesshin begins at 8:00 p.m. on Friday, September 9th and will end at 6:00 p.m. on Sunday, September 11th.

On Saturday, September 12th, associate and general students may attend a sitting held in the Zendo. Arrival time is 9:15 a.m. (in time for First Bell). The sitting ends at 11:30 a.m. Students attending are reminded to remain on the first floor.

Shinju-ki - September 12th

Oryoki for General Students

On Saturday, September 17th, general students who attend the 6:00 a.m. formal sitting may participate in oryoki practice led by Jinmyo osho. Please register one week in advance by sending an email to schedule at wwzc dot org or leave a message on the Zen Centre office answering machine at 613-562-1568. Associate or visiting public students who are in retreat at the monastery on that day may also participate in oryoki.

Dharma Assembly

On Saturday, September 24th, Ven. Jinmyo Renge osho will lead a Dharma Assembly which will begin at 9:30 a.m. (please arrive by 9:15, in time for first Bell) and will end at 9:00 p.m. Dana is \$40.00, which includes two meals: lunch and supper. Participants are asked to bring clothing and shoes appropriate for samu practice. To register, please send an email to schedule at wwzc dot org or leave a message on the office answering machine at 562-1568. Dharma Assemblies are open to all students.

The 9:30 a.m. general sitting that would ordinarily take place on September 24th is cancelled owing to the Dharma Assembly.

New Moon - September 27th

Hermitage

The Roshi will begin a period of hermitage on Wednesday, September 28th, which will end on Sunday, October 2nd, when he leads monastics in Acalanatha Sadhana.

Recorded Teisho Schedule

Monday, August 29, 2011 general sitting: Bowing and Receiving: Zen Master Anzan Hoshin's Commentaries on "Raihai Tokuzui": "Moshan" (teisho 4 of 12)

Thursday, September 1, 2011 associate sitting: "Choice": Dharma Talk by Ven. Jinmyo Renge osho-ajari

Upcoming Dharma Talk:

On Saturday, September 3rd, 2011, Ven. Shikai Zuiko o-sensei will present "Seeing People With Modesty", Dharma Talk 112 in the ongoing series "Every Breath You Take": Ven. Shikai Zuiko sensei's Comments on "The Practice of Purity": Book Eleven of the Avatamsaka Sutra Translated by Ven. Anzan Hoshin roshi and Ven. Shikai Zuiko sensei.

Dharma Talk, # 113, "Seeing the Shameless" is scheduled for Saturday, September 17th.

Recent Dharma Talk:

On Saturday, August 20th, 2011, Ven. Shikai Zuiko o-sensei presented "If Treated

Disrespectfully", Dharma Talk 111 in the ongoing series "Every Breath You Take".

Missed Sittings and Teisho

Teisho presented at general and associate sittings which are part of a series need to be listened to in the correct order and with none missed out. If a student misses a sitting then it's necessary to borrow a copy of the missed teisho from the library or download it from the WWZC Media Site as soon as possible, so that the continuity of what is being presented is not disrupted. The weekly list of recorded teisho played at sittings is posted on the web site at <http://www.wwzc.org/book/teisho-schedule>

Congratulations

Congratulations and deep gassho to Julien Wu and Beth Buerkle on being accepted as associate students by the Roshi. Julien is a resident of Ottawa. Beth is a resident of Chamcook, New Brunswick.

Retreats

Michael Lifshitz sat a retreat beginning Saturday, 20th August until this Friday, 26th August. Chiso anagarika came from Concord, MA for a retreat from Tuesday, August 23rd to Thursday, August 25th. Steven Karcz, probationary deshi, sat a two day retreat at his home in Saskatoon on Saturday August 13th and Sunday August 14th.

To Schedule a Retreat

Please visit this Web page for information about scheduling a retreat and an explanation of the different kinds of retreat (duration and timing) you can sit:

<http://www.wwzc.org/book/schedule-retreat>

High Priority - Repairs to the Monastery Roofs



The image above shows the damage to the ceiling in Shikai sensei's room from several years of leaks in the bay window. Other roofs of the building are also in need of repair. During recent rainstorms water has been seeping through the flat roof above the attic and has made its way into the ceiling, walls, and electrical outlets of the recently built room below. The flat roof over the bay window in the Zendo is in a bad state of repair, the seams are opening up and may soon start to leak. Repairs to these roofs simply cannot be put off any longer and so the Office of the Shissui has contacted the roofing company for the work to be done this summer. This does not include repair to the roof of the covered balcony. Though it has been leaking badly for years, it is not as much a priority as it is presently only being used for storage.

The costs associated with erecting scaffolding to reach the attic roof (four stories up) and the disposal of materials make this an expensive job. Although White Wind Zen Community cannot afford to undertake the re-roofing until the full amount has been raised, Sangha donations now amount to just over three-quarters of the amount needed and so we asked the roofing company for an updated estimate.

The cost of the re-roofing has risen in the two years since the original estimate was prepared when the roof leaks first became a major concern. At the start of August, the roofing company sent us a revised tender for \$19,340 including taxes.

Donations from students (including monastics) currently total \$15,331.50. Thank you for your generous contributions to date. Ideally we need to get the repairs done this year as risking another freeze/spring thaw period in 2012 will cause further damage.

Who, What, Where, When, & Why? Unfolding the “Mystery” of Monastery Objects by Shikai Zuiko o-sensei



Photograph by Nathan Comeau

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This is a cast resin rupa of Acala Vidyaraja (Fudo Myo-o 不動明王) that stands in the tokonoma Butsudan in the Hojo. A juzu is entwined over it to represent the mantra.



Office of the Tenzo

Dogen zenji taught in the Tenzokyokun that the work of preparing and serving meals is "a matter for realized monks who have the mind of the Way or by senior disciples who have roused the Way-seeking mind." In alignment with this, part of Zen Master Anzan Hoshin's samu for the Community involves personally overseeing the activities of the ancient office of tenzo. Jinmyo Renge osho serves as tenzo and Mishin tando and Saigyo chiden offer assistance as tenzo-anja.

Monday yakuseki:

Puffed deep-fried tofu, soy bean and mung bean sprouts in doenjang (miso) broth with shitake mushrooms; red Swiss chard stems and leaves, white onions, sliced eryngi mushrooms sauted with awabi sauce; Thai jasmine rice; baechu kimchi.

Tuesday yakuseki:

Beef stew: hearts, shanks, blade and chuck steaks, cleaned and chopped, braised in vegetable juice, water, and red wine, with carrots and white onion added after braising liquid was strained and seasoned; mashed Yukon Gold potatoes with Dijon and buttermilk and much black pepper; slaw of green cabbage and white onion dressed with lemon juice and zest, mayonnaise, and celery seeds.

Thursday yakuseki:

Paneer cubes, chopped plum tomatoes, eryngi and cremini mushrooms, leeks, in a coconut milk curry with ghee, turmeric, and cumin; biryani: fried rice, potatoes, white onions with garam masala; stir-fried yu choy sum; chopped heritage cucumers with lime juice and lime pickle.



Thank You

If you would like to thank someone for a contribution they have made, please feel free to send an email to Jinmyo osho at rengezo at Gmail dot com, but be sure to type "eMirror" in the subject line.

From Shikai sensei:

Thank you: Chunen ino for making a fig almond condiment, tasty and nutritious; to Jido anagarika for his work on part 2 of the "studio in a box"; to Ryoshin for picking up fish medication; to Doug, a 10 " long rescued feeder fish who breached the top of the water in the aquarium twice making very loud noises which led me to find her tank mate Roseline on her side trapped under an artificial anemone. Both the 5 ½ year old Doug and the year old Roseline sustained minor injuries and suffered shock. Both are recovering well; to Fushin for an aquarium filter change and for scanning back issues of Zanmai which will soon be available online.

From the Office of the Treasurer:

Thank you to KP Ramakrishnan for a donation towards the roof repair fund.

From Michael Lifshitz:

Thank you to Jinmyo osho for reminding me to use the forms to feel the whole bodymind; to Chunen ino for a hilarious and very helpful practice interview; to Mishin tando for a delicious black bean soup with sour cream, tiny red pepper cubes and just the right amount of spice, accompanied by a garden salad and freshly-baked corn bread with whole kernels still inside; to the Roshi and all the residents of Dainen-ji for maintaining such a bright and clear practice environment, which reveals again and again the choice I have of opening to the simple vividness of reality.

From Glenn Murphy:

Thank you to Chunen ino, Mishin tando and Saigyō chiden for their continued patience in helping me with my practice. Thank you to Shikai sensei for clarifying my use of forms, and putting me at ease in my first daisan. Finally, thank you to the Roshi, for providing the teachings and this wonderful environment in which to practice them.

Bendowa eBook Available

This translation by Ven. Anzan Hoshin roshi and Ven. Yasuda Joshu roshi, over thirty years in the making, of Eihei Dogen zenji's "Bendowa: A Talk on Exerting the Way" is available as an ebook in PDF format for free download from the web site. The Roshi has made it available under a Creative Commons license so everyone is free to copy and distribute it as long as it is not for commercial purposes, proper attribution is maintained, and the text is unaltered. The ebook is extensively annotated and provides the Japanese text. This text was the basis of the Roshi's teisho series, "Drawn In, Moving Forth: Commentaries on Eihei Dogen zenji's Bendowa: A Talk on Exerting the Way." Many thousands of copies of this PDF have been downloaded so

far. Although we would like to convert it to mobi and ePub formats as well, the Japanese text becomes garbled.

Download it here: <http://www.wwzc.org/translations/Bendowa-book.pdf>

Freedom and Tyranny eBook Available

"Freedom and Tyranny: A series of Dharma Talks and Zen Mondo presented by Ven. Shikai Zuiko osho", is now available for free download as a PDF on the Great Matter page at <http://www.wwzc.org/node/64>. This paperback publication has recently sold out and Shikai sensei has generously proposed that it be made available as a free ebook. Everyone is free to copy and distribute it as long as it is not for commercial purposes, proper attribution is maintained, and the text is unaltered.

Ongoing Project: "All is Change"

Dainen-ji, being a 136-year-old building, is continuously in need of maintenance and the costs associated with this can be astronomical when such things as roof repairs or painting are needed. This is something that we cannot afford to do, yet must do and so the "All is Change" project has been created. The "All is Change" project is very simple. Most of us have a bowl or a jar or some other kind of container that we keep somewhere at home and fill up with loose change because it's too heavy to carry around. Many hundreds of dollars has been collected so far both in loose change and Canadian tire money which has been put towards the building maintenance fund. If anyone would like to contribute to this fund, each penny will be appreciated.