



*Enso by Ven. Anzan Hoshin roshi*

## **eMirror Vol. 15, No. 26**

**Friday, July 1st, 2011**

**Edited by Ven. Jinmyo Renge osho**

*The White Wind Zen Community:*

*An international community practising and teaching Dogen's Zen since 1985.*

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**Quotes from teisho are run sequentially in the eMirror**

115 虚明自照 不勞心力

Hsü-ming, tzu-chao, pu-lao hsin-li.

Xuming zizhao, bulao xinli.  
Komei jishō nareba, shinriki rō sezu.

Empty, awake, self-radiant,  
with no effort of mind.

The self-radiant luminosity of open and awake experiencing is not an idea or an occasional mystical or special experience. It is the vary nature of the presencing of every experience. Experiencing does not gain its brightness from any other source, not even the sun or moon. The sun and moon are experiences and their light is the shining of experiencing. The dark of the night sky and the scattered lights of stars are both radiant.

Being transparent to this, intimate with this, and embodying this is not a product of some effortful strategy of attention. Waking up to this empty and open wakefulness is falling out of the slumber and dreams of self-image into the bright reality that is as all directions.

- Ven. Anzan Hoshin roshi, continuing teisho 16: "The Practice of Entrusting," from the series "Without Difficulty: Commentaries on Jianzhi Sengcan's Xinxin Ming: Words on Trusting Awareness," Saturday, June 17th, 2006. (If strange characters instead of 漢字 hanji or kanji appear this means that you need to enable UTF-8 in your Character Encoding settings.)

## Upcoming Events

### Fusatsu

Chanting of the Precepts will take place on June 29th, July 13th and July 27th.

### Hermitage

The Roshi began a period of hermitage on Wednesday, June 29th, which will end on Sunday, July 3rd, when he leads monastics in Acalanatha Sadhana.

### Introduction to Zen Workshop

The next Introduction to Zen Workshop will take place at Dainen-ji on Saturday, July 2nd. For more information please see:

<http://www.wwzc.org/content/introduction-zen-workshop-ottawa>

For information concerning our Long-distance Training Program, please visit this Web Page:

<http://www.wwzc.org/book/long-distance-training-program>

### Yaza:

Yaza (all night sitting) will take place on Saturday, July 9th, from 10 p.m. until Sunday July 10th at 8 a.m. Zen Master Anzan Hoshin will lead the Yaza and present a teisho. Students attending should arrive by first bell at 9:45 p.m. A light breakfast will be served before the end of the Yaza. All students are welcome to attend. Please register soon as seating will be limited. The suggested dana contribution for Yaza is \$35.00. To register, please send an email to [schedule@wwzc.org](mailto:schedule@wwzc.org) or leave a message on the Zen Centre office answering machine at 562-1568.

### **Oryoki for General Students**

On Saturday, July 16th, general students who attend the 6:00 a.m. formal sitting may participate in oryoki practice led by Jinmyo osho. Please register one week in advance by sending an email to schedule at wwzc dot org or leave a message on the Zen Centre office answering machine at 613-562-1568. Associate or visiting public students who are in retreat at the monastery on that day may also participate in oryoki.

### **Recorded Teisho Schedule**

Sunday, July 3, 2011 formal sitting: SAKN "The Drift of Meaning" by Zen Master Anzan Hoshin: "Set Adrift" (teisho 4 of 7)

Monday, July 4, 2011 general sitting: Studying the Mystery: Zen Master Anzan Hoshin's Commentaries on "The Sandokai": "What We Do Here" (teisho 1 of 4)

Thursday, July 7, 2011 associate sitting: "The Contraptions of Contraction": Dharma Talk by Ven. Jinmyo Renge osho-ajari

### **Upcoming Dharma Talk:**

On Saturday, July 2nd, 2011, Ven. Shikai Zuiko o-sensei will present "Entering a House", Dharma Talk 105 in the ongoing series "Every Breath You Take": Ven. Shikai Zuiko sensei's Comments on "The Practice of Purity": Book Eleven of the Avatamsaka Sutra Translated by Ven. Anzan Hoshin roshi and Ven. Shikai Zuiko sensei.

On Saturday, July 9, 2011, Dharma Talk 106 in the "Every Breath You Take" series by Shikai sensei will be "Seeing Those Who Refuse to Make Offerings".

### **Current Dharma Talk:**

On Saturday, June 25th, 2011, Ven. Shikai Zuiko o-sensei presented "Coming to Someone's Door", Dharma Talk 104 in the ongoing series "Every Breath You Take": Ven. Shikai Zuiko sensei's Comments on "The Practice of Purity": Book Eleven of the Avatamsaka Sutra Translated by Ven. Anzan Hoshin roshi and Ven. Shikai Zuiko sensei.

### **Missed Sitzings and Teisho**

Teisho presented at general and associate sittings which are part of a series need to be listened to in the correct order and with none missed out. If a student misses a sitting then it's necessary to borrow a copy of the missed teisho from the library or download it from the WWZC Media Site as soon as possible, so that the continuity of what is being presented is not disrupted. The weekly list of recorded teisho played at sittings is posted on the web site at <http://www.wwzc.org/book/teisho-schedule>

### **Retreats and Training Sessions**

Curtis Cheslock sat a retreat from 9:30 a.m. Saturday, June 25th to 9:15 p.m. Sunday, June 26th. Sarah Goul sat partial retreats from 9:30 am to 6:00 p.m. on June 27th, 28 and 29th and from 9:30 a.m. to noon on June 30th.

## **To Schedule a Retreat**

Please visit this Web page for information about scheduling a retreat and an explanation of the different kinds of retreat (duration and timing) you can sit:

<http://wwzc.org/book/schedule-retreat>

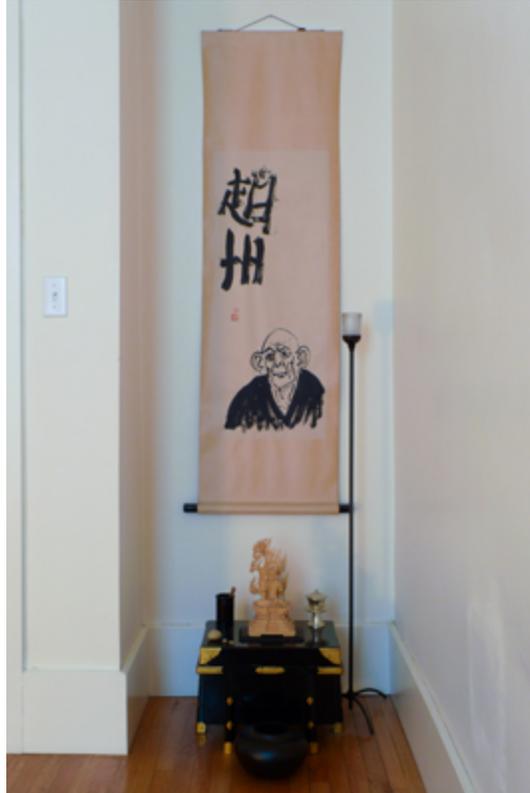
## **High Priority - Repairs to the Monastery Roofs**

Four of the monastery roofs are in need of repair, with two of them leaking water into rooms below and we urgently need to have them repaired before there is further structural damage. During recent rainstorms, water has been seeping through the flat roof above the attic and has made its way into the ceiling, walls and electrical outlets of the room below. The flat roof above the Sensei-ryo is also leaking water into the room below. The flat roof over the bay window in the Zendo has lost tiles and will soon start to leak. Repairs to these roofs simply cannot be put off any longer and so the Office of the Shissui has contacted the roofing company for the work to be done this summer. This does not include repair to the roof of the covered balcony. Though it has been leaking badly for years it is not as much a priority as it is presently only being used for storage.

The roofing company gave us an estimate for \$16,000. This is an expensive job because of the costs associated with erecting scaffolding to reach the attic roof (four stories up). Donations from students currently total \$6,150.

Thank you for your generous contributions to date.

## **Who, What, Where, When, & Why? Unfolding the “Mystery” of Monastery Objects by Shikai Zuiko o-sensei**



*Photograph by Nathan Comeau*

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This scroll of Joshu Dainen Hakukaze roshi in the Kaisando, the Founder's Hall, was brushed by Anzan roshi at Zazen-ji in 1994. The Kaisanden, or Founder's Altar or Platform, is dedicated to Joshu daiosho and to the Lineage of Awakened Ancestors. Details are difficult to make out in this image but arranged on it are: a contemporary wooden carving of Acalanatha Vidyaraja or Fudo Myo-o, representing the immovable nature of luminosity and the dedication of Teachers to the liberation of all beings; an offering cup containing water, sake, or tea; incense; an arrangement of three white stones representing the Three Jewels. An incense urn sits before it containing decades worth of incense ash from Hakukaze-ji, the River Road Zendo, Daijozan, Zazen-ji, and Dainen-ji. The offering table is black lacquered wood with brass fittings and is from the 1880s. It contains a zagu or traditional bowing mat, o-kesa, and an old rakusu made for Anzan roshi by Joshu roshi, and other such items. The tall candle stand was found by myself in the early 1990s. The alcove between the doorway and walls makes a natural tokonama space. The oak flooring, recovered by our renovations in the mid 1990s from under layers of carpeting and tiles, dates back to the 1870s as does the flooring throughout the Kaisando, the Hatto, and the Hojo.

## **Media Site Update**

The old media site at <http://wwzc.net> has been merged into the main site at <http://wwzc.org>.

Your username and password remains the same.

To access the recorded Teachings go to the "Student Login" section at the right of the WWZC home page on <http://wwzc.org> and enter your login credentials in the text fields provided. If you have forgotten your password, you can request a new password by clicking the "Request New Password" link. You will receive an email with a reset link that you can use to change your password.

## **Current work in the grounds**

Here is a list of the work we currently need to do in the grounds. If you would like to offer samu towards assisting with any of this over the next couple of weeks your help will be much appreciated:

The Bittersweet climber needs to be cut back. Even though the variety of Bittersweet we have is not the extremely invasive type, this one is very vigorous and needs taming.

The indestructible patch of Japanese knot weed on the east side is growing back and needs to be cut back.

The Euphobia patch in the front garden is overrun and being crowded out with weeds and needs a hour or two of attention. There is plenty of other weeding to keep up with.

The large cedar on the right of the front garden needs a few more branches removed from the bottom, which will open up the right side of the garden, allow for more planting and a better view of the water garden.

The new west border needs weeding and planting.

The climbing Hydrangea on the west wall was blown down recently during a storm and needs help to re-attach itself to the wall, possible with the addition of some trellis.

Please contact Saigyo chiden at saigyo dot cross at gmail dot com if you have any time to help with these projects



**Office of the Tenzo**

Dogen zenji taught that the work of preparing and serving meals was "a matter for realized monks who have the mind of the Way or by senior disciples who have roused the Way-seeking mind." In alignment with this, part of Zen Master Anzan Hoshin's samu for the Community involves personally overseeing the activities of the ancient office of tenzo. Jinmyo Renge osho serves as tenzo and Mishin tando and Saigyō chiden offer assistance as tenzo-anja.

**Monday yakuseki:**

Braised aburage tofu, eryingi mushrooms quartered into spears, red and orange bell peppers, mung bean sprouts with soy sauce and awabi sauce; stir-fried bok choy sum with Napa cabbage with soy sauce and ponzu citrus; Lundberg Farm short grain brown rice with petit pois and sesame oil.

**Tuesday yakuseki:**

Roasted quartered chickens, rubbed with a marinade of Thai red curry paste, coconut milk, lemongrass, garlic, and sesame oil; mug of Tom Yum Khaa (yom yum paste, chicken broth, coconut milk, chopped ginger, lemongrass, ngoc mam, mirin, ponzu); mixed arborio and calrose rice cooked in chicken broth with a paste of scallions, garlic, lemongrass, ginger, galangal); salad of slivered daikon, white onion, carrots, scallions, ginger, dressed with sesame oil, memmi, lime juice.

**Thursday yakuseki:**

Soba noodles topped with sauteed portobello mushrooms and fried eggs; a salad of Romaine, leaf lettuce, cucumber, celery, radishes and very thinly sliced onion dressed with memmi, sesame oil and lime juice; mugs of miso shiru.



**Thank You**

If you would like to thank someone for a contribution they have made, please feel free to send an email to Jinmyo osho at rengezo at Gmail dot com, but be sure to type "eMirror" in the subject line.

**From Mishin tando:**

Thank you to the Roshi and Jinmyo osho for the Tuesday yakuseki and especially the Tom Yum Khaa soup; to Chunen ino for looking after the HTML formatting and sending out of the eMirror each week; to Doug Somers for archiving samu.

**From Curtis Cheslock:**

Thank you to Shikai sensei for instruction in how to use the breath to align the posture of bodymind; Jinmyo osho for the informative and funny Dharma Talk called "Free Fall"; Chunen ino for a much needed snack; and Alex Tzelnic for a gift.

**From the Office of the Treasurer:**

Thank you to Graham Mayeda for a dana gift towards Shissui funds, to extend the budget for the many maintenance and repair projects required around the monastery.

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### **Bendowa eBook Available**

This translation by Ven. Anzan Hoshin roshi and Ven. Yasuda Joshu roshi, over thirty years in the making, of Eihei Dogen zenji's "Bendowa: A Talk on Exerting the Way" is available as an ebook in PDF format for free download from the web site. The Roshi has made it available under a Creative Commons license so everyone is free to copy and distribute it as long as it is not for commercial purposes, proper attribution is maintained, and the text is unaltered. The ebook is extensively annotated and provides the Japanese text. This text was the basis of the Roshi's teisho series, "Drawn In, Moving Forth: Commentaries on Eihei Dogen zenji's Bendowa: A Talk on Exerting the Way." Many thousands of copies of this PDF have been downloaded so far. Although we would like to convert it to mobi and ePub formats as well, the Japanese text becomes garbled.

Download it here: <http://www.wwzc.org/translations/Bendowa-book.pdf>

### **Freedom and Tyranny eBook Available**

"Freedom and Tyranny: A series of Dharma Talks and Zen Mondo presented by Ven. Shikai Zuiko osho", is now available for free download as a PDF on the Great Matter page at <http://www.wwzc.org/node/64>. This paperback publication has recently sold out and Shikai sensei has generously proposed that it be made available as a free ebook. Everyone is free to copy and distribute it as long as it is not for commercial purposes, proper attribution is maintained, and the text is unaltered.

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### **Ongoing Project: "All is Change"**

Dainen-ji, being a 136-year-old building, is continuously in need of maintenance and the costs associated with this can be astronomical when such things as roof repairs or painting are needed. This is something that we cannot afford to do, yet must do and so the "All is Change" project has been created. The "All is Change" project is very simple. Most of us have a bowl or a jar or some other kind of container that we keep somewhere at home and fill up with loose change because it's too heavy to carry around. Many hundreds of dollars has been collected so far both in loose change and Canadian tire money which has been put towards the building maintenance fund. If anyone would like to contribute to this fund, each penny will be appreciated.