

Residential Training

In order to be able to engage in residential training at Dainen-ji, one must be a student of Zen Master Anzan Hoshin's Lineage.

With the Undo serving as a dormitory space, students can register for periods of residential training at Dainen-ji for anywhere from overnight to several weeks.

This involves attending the practice schedule, evening meals, participation in regular soji (cleaning the practice halls) and samu (care-taking). During the days one would go to one's job or could do extra sitting and study outside of a retreat schedule. Please see the [Dana Information page](#) for the daily cost for residential training. For more information, email Ven. Mishin godo, Administrator, at [mishin at gmail dot com](mailto:mishin@gmail.com)