



Rain barrel at Eihei-ji, photograph by Ven. Shikai Zuiko o-sensei

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Edited by Ven. Jinmyo Renge osho

The White Wind Zen Community:

An international community practising and teaching Dogen's Zen since 1985.

Quotes from teisho are run sequentially in the eMirror

Both of these texts and the concept of wuwei were tremendously important in Chinese culture and influenced at least in some way all subsequent philosophies, including Buddhist. A very important Chinese Buddhist figure was Master Sengzhao who lived from 384-414. Originally a Daoist, he became a disciple of the great translator Kumarajiva and studied Madhyamika or the Middle Way philosophy of Nagarjuna with him. He wrote an introduction to Kumarajiva's Brahmajala sutra, which forms the basis of our precepts. Eventually he founded a new Buddhist school called the Sanlun or Three Treatise School which based itself on Nagarjuna's Madhyamika-sastra and Dvadasadvara or Twelve Gates and the Sata-sastra or Treatise of a Hundred Verses by Aryadeva, a disciple of Nagarjuna. He was also influenced by the Vimalakirti sutra. His own works were collected in the Zhaolun, a text that our Ancestor Shitou Xiqian studied deeply and that I remember first reading when I was about thirteen years old, and is a collection of essays which examined time, sunyata, prajna, and nirvana in the context of native, Daoist-inspired terminology. In the Zhaolun he wrote,

Thus the sage is as a hollow void. He cherishes no-knowledge. He remains in this world of impermanence and activities; however he abides in the realm of non-action (wuwei). He is situated within the walls of what is expressible, and yet he lives in the open space that transcends all speech. He is silent and alone, empty and open; his form of existence cannot be covered in words. There remains nothing further to be said about him.

So this is the background for the Xinxin Ming's use of the term wuwei.

- Ven. Anzan Hoshin roshi, concluding teisho 11: "Wuwei," from the series "Without Difficulty: Commentaries on Jianzhi Sengcan's Xinxin Ming: Words on Trusting Awareness," Sunday, May 14, 2006. (If strange characters instead of 漢字 hanji or kanji appear this means that you need to enable UTF-8 in your Character Encoding settings.)

Upcoming Events

Fusatsu

Chanting of the Precepts will take place on March 2nd and 16th

Samu Weekend

The next Samu Weekend is scheduled to take place on Saturday, February 26th and Sunday, February 27th. Please pencil these dates into your diary so that you will be able to attend some or all of this weekend of samu practice. In the pantry new permanent shelving will be built in the food storage area to replace the temporary shelves. This will increase capacity and improve use considerably. Work will continue in the attic to create the new archiving room and more work will be ongoing in the kitchen to continue building the shelving and storage required. In the new Caretaking Council office work will continue to complete the walls and

ceiling.

To register please send an email to Saigyō chiden at saigyō dot cross at gmail dot com or leave a message on the Zen Centre office answering machine at 613-562-1568.

Hermitage

The Roshi will begin a period of hermitage on Wednesday, March 2nd, which will end on Sunday, March 6th at 10:00 a.m., when he leads monastics in Acalanatha Sadhana.

Introduction to Zen Workshop

The next Introduction to Zen Workshop will take place at Dainen-ji on Saturday, March 5th. For more information please see:

<http://www.wwzc.org/content/introduction-zen-workshop-ottawa>

For information concerning our Long-distance Training Program, please visit this Web Page:

<http://www.wwzc.org/book/long-distance-training-program>

March Two-day Sesshin

The March two-day sesshin begins at 8:00 p.m. on Friday, March 11th, and will end at 6:00 p.m. on Sunday, March 13th.

On Saturday, March 12th, associate and general students may attend a sitting held in the Zendo. Arrival time is 9:15 a.m. (in time for First Bell). The sitting ends at 11:30 a.m. Students attending are reminded to remain on the first floor.

Oryōki for General Students

On Saturday, March 19th, general students who attend the 6:00 a.m. formal sitting may participate in oryōki practice led by Jinmyō oshō. Please register one week in advance by sending an email to schedule at wwzc dot org or leave a message on the Zen Centre office answering machine at 613-562-1568. Associate or visiting public students who are in retreat at the monastery on that day may also participate in oryōki.

Keizan-ki

March 21st is the memorial for Keizan Jokin zenji.

Dharma Assembly

On Saturday, March 26th, Ven. Jinmyō Renge oshō will lead a Dharma Assembly which will begin at 9:30 a.m. (please arrive by 9:15, in time for first Bell) and will end at 9:00 p.m. Dana is \$40.00, which includes two meals: lunch and supper. Participants are asked to bring clothing and shoes appropriate for samu practice. To register, please send an email to schedule at wwzc dot org or leave a message on the office answering machine at 562-1568. Dharma Assemblies are open to all students.

The general sitting that would ordinarily take place from 9:30 to 11:40 on Saturday morning will be cancelled due to the Dharma Assembly.

Hermitage

The Roshi will begin a period of hermitage on Wednesday, March 30th, which will end on Sunday, April 3rd, when he leads monastics in Acalanatha Sadhana.

Chuu-jo

On Monday, January 10th, Janet Neufeld, aunt of Amy Woods, died. On Wednesday, January 12th, Herbert Leonard Peacock, father-in-law of Denise Beaudot, died. On the same day, Darlene Surei Kenpo Cohen, a Teacher associated with San Francisco Zen Center, died.

Ven. Anzan Hoshin roshi has been requested to do Chuu-jo for them and the monastics of the Northern Mountain Order will join in this process by daily chanting of the Komyo Shingyo until Sunday, February 27th and Tuesday, March 1st.

Recorded Teisho Schedule

Monday, February 28, 2011 general sitting: Round and Bright: Zen Master Anzan Hoshin's Commentaries on Koun Ejo zenji's "Komyozo Zanmai: "The Evening News" (teisho 6 of 22)

Thursday, March 3, 2011 associate sitting: This World of Ten Directions: Zen Master Anzan Hoshin's Commentaries on "Ikka Myoju": Reading of "Ikka Myoju"

Upcoming Dharma Talk

On Saturday, March 5, 2011, Ven. Shikai Zuiko osho will present "Seeing a Castle", Dharma Talk 100 in the series "Every Breath You Take: Ven. Shikai Zuiko osho's Comments on "The Practice of Purity": Book Eleven of the Avatamsaka Sutra Translated by Ven. Anzan Hoshin roshi and Ven. Shikai Zuiko osho".

Current Dharma Talk

On Saturday, February 19, 2011, Ven. Shikai Zuiko osho presented "Seeing a High Minister", Dharma Talk 99 in the series "Every Breath You Take: Ven. Shikai Zuiko osho's Comments on "The Practice of Purity": Book Eleven of the Avatamsaka Sutra Translated by Ven. Anzan Hoshin roshi and Ven. Shikai Zuiko osho".

Retreats and Training Sessions

Michael Lifshitz, general student visiting from Montreal sat a retreat from 6:00 a.m. Saturday, February 19th to noon on Friday, February 25th. Sarah Goul, associate student from Petawawa sat a retreat from 6:00 a.m. Saturday, February 19th to 9:00 p.m. Friday, February 25th. Crawford Walker, associate student visiting from Wolfville, sat a one day retreat on Friday, February 25th.

Missed Sittings and Teisho

Teisho presented at general and associate sittings which are part of a series need to be listened to in the correct order and with none missed out. If a student misses a sitting then it's necessary to borrow a copy of the missed teisho from the library or download it from the

WWZC Media Site as soon as possible, so that the continuity of what is being presented is not disrupted. The weekly list of recorded teisho played at sittings is posted on the web site at <http://www.wwzc.org/book/teisho-schedule>

To Schedule a Retreat

Please visit this Web page for information about scheduling a retreat and an explanation of the different kinds of retreat (duration and timing) you can sit: <http://www.wwzc.org/book/schedule-retreat>

Who, What, Where, When, & Why? Unfolding the “Mystery” of Monastery Objects by Shikai sensei



photograph by Nathan Comeau

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Two 20th century Tibetan Prayer Wheels, one 12 inches long hand-carved of wood, the other, 9 inches long of silver gilt inset with carnelian and turquoise semi-precious stones, sit on separate bookshelves in the Shuryo. The use of Prayer Wheels is said to have been brought to Tibet from India by Padmasbhava, the 8th century scholar and teacher. Nagarjuna, Tilopa,

Naropa, Marpa, and Milarepa, are all said to have held and passed on the Prayer Wheel lineage. Prayer Wheels have been made for centuries in Tibet in a wide range of sizes and styles from hand size like these up to giant eight or twelve foot Wheels with diameters of five to six feet. Long rows of Wheels, designed to be spun by people as they circumambulate have been built around stupa and monasteries. "Om Mani Padme Hum" the mantra of Avalokiteshvara is associated with prayer wheels and may be inscribed, carved, or filigreed on the Wheel and is also written on pieces of paper or silk and wound inside the Prayer Wheel. A belief that the more mantra in the Wheel the more beneficial the use has led to increasing benefit with technology. Using microprinting technology millions of mantra can be put inside Prayer Wheels. One company manufactures a Prayer Wheel pendant containing 1.8 million mantra that can be worn as a necklace and their hand held Prayer Wheels have 20 million mantra. 20th century metal finger or hand cymbals called Tingsha, Ting Shag, or Ding Sha, are shown in front of the Prayer Wheels. The 2 1/2 inch wide metal cymbals are tied together with a 15 inch leather string. "Ting" means "ringing" and "Sha" means "hanging". The cymbals, many highly decorated, are used in rituals. Some say that as the purpose of tingsha is to summon, they call us to awareness, to remember who we are, and to recognize our priorities. All of these items were donated to White Wind Zen Community by Anzan roshi in the 1980's.

Charitable Tax Receipts for Dana Contributions

Charitable tax receipts are being issued this week for all donations made during 2010. Students contributing through CanadaHelps.org are reminded that tax receipts for those donations are issued directly by CanadaHelps. Thank you to all who have offered dana over the past year to support the costs of maintaining, repairing, and improving the practice environment.



Office of the Tenzo

Dogen zenji taught that the work of preparing and serving meals was "a matter for realized monks who have the mind of the Way or by senior disciples who have roused the Way-seeking mind." In alignment with this, part of Zen Master Anzan Hoshin's samu for the Community involves personally overseeing the activities of the ancient office of tenzo. Jinmyo Renge osho serves as tenzo and Mishin tando and Saigyō chiden offer assistance as tenzo-anja. The following meals were prepared during the week of O-sesshin by Ven. Jinmyo Renge osho:

Monday yakuseki:

Cantonese egg noodles in a Thai green curry sauce with onions, ginger, coconut milk, ngoc mam, green curry paste, mirin, Xiaoxing wine, ponzu; sliced atsuaage tofu triangles, red bell peppers and green cubanelle peppers, red and green bird chiles in a mango and coconut curry; slaw of shaved fennel bulb, steam, and minced fronds, and green cabbage dressed with ngoc mam, mirin, Michiu wine, canola oil.

Tuesday yakuseki:

Root vegetable bisque: turnips, rutabaga, parsnips, carrots, potatoes blended with milk, butter, white wine, chicken stock, thyme, oregano, cumin, and Dijon mustard; spatchcocked (backs removed, flattened) roasted chickens and chicken thighs brushed with a marinade of olive oil, paprika, oregano, brown and black cumin seeds, crushed black pepper; Ace Bakery organic oval white bread; salad of romaine lettuce, peeled cucumber, Asian pear, stuffed manzanilla olives, English pickled onions, Fruilano cheese, dressed with white balsamic vinegar and extra virgin olive oil.

Thursday yakuseki:

Stir-fried Shanghai bok choy, Napa cabbage, and gai lan (Asian broccoli); boribap (mixed grain): arborio, calrose, basmati, barley; mug of tamarind and soy sauce broth; long strips of white onion, water chestnuts, and atsuaage tofu squares cut in half stir-fried with ginger and lemon sauce (slivered ginger, minced garlic, lemon zest and juice, fermented soy beans).

Baked goods by Shikai sensei:

flourless peanut chocolate chip cookies; mini oat muffins; sticky ginger pudding with yogourt; herbed cheese soda bread; apple crisp



Thank You

If you would like to thank someone for a contribution they have made, please feel free to send an email to Jinmyo osho at rengezo at Gmail dot com, but be sure to type "eMirror" in the subject line.

From Shikai sensei :

Thank you to; the Roshi for every minute of Teaching over the past twenty-four years; to all those students and fellow monks who offered gifts after Den-e: There were many, some of

which were unsigned and therefore the givers remain unknown, so as to avoid the possibility of seeming to slight anyone by omission please accept a general heart felt thank you for your good wishes, carefully chosen cards, and marvellous variety of items; Peter and Janice McRae for lunch and a visit to several exhibitions at the National Gallery; Ian Hepburn for hand delivering a lovely catalogue of the work of textile artist Itchiku Kubota whose exhibition of hand crafted kimono at the Museum of Civilization a decade ago made a profound impression.

From Mishin tando:

Thank you to the Roshi for the simplicity and elegance of the practice environment, that make states of attention unavoidably obvious so that they can be noticed and released; to the Roshi, Shikai sensei, and Jinmyo osho for the decades of Teachings offered to students; to Shikai sensei for delicious flourless chocolate cookies; to Jido anagarika for picking up the new humidifiers along with regular pickup trips to Costco for monastery supplies ; to Nathan Comeau for archiving samu to catch up on the backlog of CD production; to Kent Swinbourne for archiving samu to convert CDs to FLAC for the digital archives; to Denise Beaudot for looking after the mail merges needed to produce tax receipts and address labels.

From Isshin:

Thank you to the Roshi for Nehan O-sesshin ; to Shikai sensei for practical advice on what to do about my luggage mix up and for very tasty refreshments during O-sesshin; to Jinmyo osho for nourishing meals and for daisan; to Chunen ino for always asking if students have what they need during their stay at Dainen-ji and for trying to accommodate requests; to Mishin tando for leading Oryoki and for the many details you look after; to Saigyō chiden for your ongoing construction projects which make for a very clarified and functional practice space; to Jido anagarika for driving me to the bus depot to retrieve my luggage.

From Doug Somers:

Thank you to Roshi for helping to expose the many old nests to openness through his wonderful and direct teisho series Bright Right Through; to Shikai sensei for her constant dedication to her students, and for the clarity she has illuminated in my life; to Jinmyo osho for gently pointing out where I have been holding back so that I could see these actions and make choices; all those who prepared for and supported my retreat, including cooking and serving the delicious breakfast, providing extra heat in the Zendo, and in establishing this place of practice.

Thank you from the Treasurer's Office for gifts of dana:

In addition to monthly dana contributions generously offered by students, we would like to thank Peter McRae for a gift of dana offered towards the Samu weekend. All donations are appreciated.

Bendowa eBook Available

A new translation by Ven. Anzan Hoshin roshi and Ven. Yasuda Joshu roshi, over thirty years in the making, of Eihei Dogen zenji's "Bendowa: A Talk on Exerting the Way" is available as an ebook in PDF format for free download from the web site. The Roshi has made it available under a Creative Commons license so everyone is free to copy and distribute it as long as it is not for commercial purposes, proper attribution is maintained, and the text is unaltered. The ebook is extensively annotated and provides the Japanese text. This text is the basis of the Roshi's current teisho series, begun during the last Rohatsu O-sesshin, "Drawn In, Moving Forth: Commentaries on Eihei Dogen zenji's Bendowa: A Talk on Exerting the Way" and just concluded last Friday evening of Rohatsu.

Download it here: <http://www.wwzc.org/translations/Bendowa-book.pdf>

Freedom and Tyranny eBook Available

"Freedom and Tyranny: A series of Dharma Talks and Zen Mondo presented by Ven. Shikai Zuiko osho", is now available for free download as PDF on the Great Matter page at <http://www.wwzc.org/node/64>. This paperback publication has recently sold out and Shikai osho has generously proposed that it be made available as a free ebook. Everyone is free to copy and distribute it as long as it is not for commercial purposes, proper attribution is maintained, and the text is unaltered.

Ongoing Project: "All is Change"

Dainen-ji, being a 136-year-old building, is continuously in need of maintenance and the costs associated with this can be astronomical when such things as roof repairs or painting are needed. This is something that we cannot afford to do, yet must do and so the "All is Change" project has been created. The "All is Change" project is very simple. Most of us have a bowl or a jar or some other kind of container that we keep somewhere at home and fill up with loose change because it's too heavy to carry around. Many hundreds of dollars has been collected so far both in loose change and Canadian tire money which has been put towards the building maintenance fund. If anyone would like to contribute to this fund, each penny will be appreciated.