



*Photograph by Ven. Mishin Roelofs tando of the edge  
of Hurricane Irene approaching Dainen-ji's rooves*

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**Friday, September 2nd, 2011**

**Edited by Ven. Jinmyo Renge osho**

*The White Wind Zen Community:  
An international community practising and teaching Dogen's Zen since 1985.*

## Quotes from teisho are run sequentially in the eMirror

We now have come to the eighth and concluding section of the Xinxin Ming, which also concerns the fruition or realization of the principle of being without difficulty in the Vast Way. The text says,

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**131** 極小同大 忘絕境界

Chi-hsiao t'ung ta. Wang-chüeh ching-chieh,  
Jixiao tong da. Wangjue jingjie,  
Gokushō wa dai ni onaji. Kyōgai o bōzetsu su.

Minute and vast are equal  
when no limits are seen.

**133** 極大同小 不見邊表

Chi-ta t'ung hsiao, pu-chien pien-piao.  
Jida tong xiao, bujian bianbiao.  
Gokudai wa shō ni onaji, henpyō o mizu.

Minute and vast are equal  
when no boundaries are seen.

Since the early morning a tiny spider has hung high overhead in a corner of the tall door frame outside of the Hatto. The door frame and the wall around it stand in a hall of the second floor in this building on a hill. The hill is part of a range of hills that connect far away to mountains that tower high into the sky. Yet other mountains on the vast expanses of continents dwarf them. The sky towers above the mountain range and the lakes and rivers that flow to the coast and towers above the oceans and continents that turn within it.

Whether something is minute or massive, tiny or towering, short or long, depends upon how it is being seen, on our point of view. Short is short and long is long because each is what they are in comparison to each other. Chan Master Cuiwei Wuxue (Ts'ui-wei Wu-hsueh, Suibi Mugaku), 9th C. wrote a verse which said,

"That bamboo stalk is long like that,  
this stalk is short like this.  
This stalk is long like this,  
that stalk is short like that."

Although I might be taller than you, someone else can be taller than I and I smaller than them and you can be taller than someone else as well. But I am not tall as such and you are not tall as such. But both you and I are equally the Suchness that stands beyond all categories and sits up straight as the ten directions. Everything is equally Suchness and nothing is left out because it is too tall or too short.

- Ven. Anzan Hoshin roshi, beginning teisho 19: "The Importance of Earnestly Being," from the series "Without Difficulty: Commentaries on Jianzhi Sengcan's Xinxin Ming: Words on Trusting Awareness," Saturday, September 30th, 2006. (If strange characters instead of 漢字 hanji or

kanji appear this means that you need to enable UTF-8 in your Character Encoding settings.)

## Upcoming Events

### Fusatsu

Chanting of the Precepts will take place on September 14th and September 28th.

### Hermitage

The Roshi began a period of hermitage on Wednesday, August 31st, which will end on Sunday, September 4th, when he leads monastics in Acalanatha Sadhana.

### Introduction to Zen Workshop

The next Introduction to Zen Workshop will take place at Dainen-ji on Saturday, September 3rd. For more information please see: <http://www.wwzc.org/content/introduction-zen-workshop-ottawa>

For information concerning our Long-distance Training Program, please visit this Web Page: [http://www.wwzc.org/?operation=long\\_distance](http://www.wwzc.org/?operation=long_distance).

### September Two-day Sesshin

The September 2-day sesshin begins at 8:00 p.m. on Friday, September 9th and will end at 6:00 p.m. on Sunday, September 11th.

On Saturday, September 12th, associate and general students may attend a sitting held in the Zendo. Arrival time is 9:15 a.m. (in time for First Bell). The sitting ends at 11:30 a.m. Students attending are reminded to remain on the first floor.

### Shinju-ki - September 12th

### Oryoki for General Students

On Saturday, September 17th, general students who attend the 6:00 a.m. formal sitting may participate in oryoki practice led by Jinmyo osho. Please register one week in advance by sending an email to schedule at wwzc dot org or leave a message on the Zen Centre office answering machine at 613-562-1568. Associate or visiting public students who are in retreat at the monastery on that day may also participate in oryoki.

### Dharma Assembly

On Saturday, September 24th, Ven. Jinmyo Renge osho will lead a Dharma Assembly which will begin at 9:30 a.m. (please arrive by 9:15, in time for first Bell) and will end at 9:00 p.m. Dana is \$40.00, which includes two meals: lunch and supper. Participants are asked to bring clothing and shoes appropriate for samu practice. To register, please send an email to schedule at wwzc dot org or leave a message on the office answering machine at 562-1568. Dharma Assemblies are open to all students.

The 9:30 a.m. general sitting that would ordinarily take place on September 24th is cancelled owing to the Dharma Assembly.

### New Moon - September 27th

### Hermitage

The Roshi will begin a period of hermitage on Wednesday, September 28th, which will end on

Sunday, October 2nd, when he leads monastics in Acalanatha Sadhana.

### **Recorded Teisho Schedule**

Sunday, September 4, 2011 formal sitting: SAKN "The Horizon of Knowing" by Ven. Anzan Hoshin roshi: "Facets of Knowing" (teisho 2 of 2)

Monday, September 5, 2011 general sitting: Bowing and Receiving: Zen Master Anzan Hoshin's Commentaries on "Raihai Tokuzui": "Moshan" (teisho 5 of 12)

Thursday, September 8, 2011 associate sitting: "Virya: Exertion": Dharma Talk by Ven. Jinmyo Renge osho-ajari

Saturday, September 10, 2011 associate/general sitting: Every Breath You Take: "In Gatherings or Crowds": Dharma Talk 10 by Ven. Shikai Zuiko o-sensei

### **Upcoming Dharma Talk:**

On Saturday, September 3rd, 2011, Ven. Shikai Zuiko o-sensei will present "Seeing People With Modesty", Dharma Talk 112 in the ongoing series "Every Breath You Take": Ven. Shikai Zuiko sensei's Comments on "The Practice of Purity": Book Eleven of the Avatamsaka Sutra Translated by Ven. Anzan Hoshin roshi and Ven. Shikai Zuiko sensei. Dharma Talk # 113 "Seeing the Shameless" is scheduled for September 17th.

### **Missed Sitzings and Teisho**

Teisho presented at general and associate sittings which are part of a series need to be listened to in the correct order and with none missed out. If a student misses a sitting then it's necessary to borrow a copy of the missed teisho from the library or download it from the WWZC Media Site as soon as possible, so that the continuity of what is being presented is not disrupted. The weekly list of recorded teisho played at sittings is posted on the web site at <http://www.wwzc.org/book/teisho-schedule>

### **Retreats**

Deshi Isshin sat a one-day retreat in her home on Gabriola Island on Thursday, September 1st.

### **To Schedule a Retreat**

Please visit this Web page for information about scheduling a retreat and an explanation of the different kinds of retreat (duration and timing) you can sit:

<http://www.wwzc.org/book/schedule-retreat>

**High Priority - Repairs to the Monastery Roofs**



## **High Priority: Monastery Roofs We are Short \$1,758.50 for Repairs**

In the two years since the roof leaks first became a major concern, the cost of the re-roofing has risen. At the beginning of August the roofing company sent us a revised tender for \$19,340 including taxes (several thousand dollars higher than the first estimate had been). To date \$17,581.50 has been donated which leaves a shortfall of \$1,758.50. As soon as we are able to raise the remaining **\$1,758.50** we can contact the roofer to schedule the work before the winter comes. If not, we will have to wait until the Spring or such time as we have the full amount needed. The costs associated with erecting scaffolding to reach the attic roof (four stories up) and the disposal of materials make this an expensive job. If we have to wait until next year to schedule the work, we will have to obtain a new estimate and there are no guarantees that the costs won't be even higher. And it is not just the exterior repairs we are concerned with, but the ongoing damage to the interior spaces of the monastery as well. The image above shows the damage to the ceiling in Shikai sensei's room from several years of leaks in the bay window. As you can see from the photograph, the interior damage is already extensive. Thus, the longer we delay, the more expensive this work will become.

Other roofs of the building are also in need of repair. During recent rainstorms water has been seeping through the flat roof above the attic and has made its way into the ceiling, walls, and electrical outlets of the new archiving space below. The flat roof over the bay window in the Zendo is in a bad state of repair with seams opening up and it may soon start to leak. Repairs to

these roofs simply cannot be put off any longer.

Thank you to all of the Sangha members who have made donations thus far to preserve this beautiful heritage building which now serves as a monastery and as a center of practice for anyone who wishes to receive instruction.

## **Who, What, Where, When, & Why? Unfolding the “Mystery” of Monastery Objects** by Shikai Zuiko o-sensei



*Photograph by Nathan Fushin Comeau*

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This is a scroll of the Honzon or “original roots” of the Lineage, depicting Sakyamuni Buddha with Eihei Dogen daiosho and Keizan Jokin daiosho in a triad. It hangs in the tokonoma Butsudan in the Hojo over the Acala rupa discussed last week.

## **Samu Weekend Report**

**by Ven. Saigyo chiden, shissui**

Over August 27th and 28th we held our third Samu Weekend of the year. During the two days, 26 students attended and worked on a wide variety of samu in the monastery and

in the grounds. Amongst the great many tasks that were accomplished here are some of the "highlights".

The Zendo floor was repainted. The kaisando windowsill was repaired and painted. The basement spare room was cleared and cleaned and repainted. It will now serve as a guest room and a practice interview space. The countertop and cupboard doors at the coffee station area in the dining hall were repainted. The Caretaking Council Office walls were "mudded" and made ready for sanding and painting. The third floor common room door was repaired and repainted and several improvements were made to the common room. New shelving was painted and installed in the kitchen cupboard. Trellis was installed for the climbing hydrangea on the west side of the building to climb and much work in the grounds was done. The shed was cleared and clarified. Lots of administration, archiving and I.T. was also done.

Thank you to the Roshi and Jinmyo osho for the excellent meals designed and prepared for the participants of the weekend and to Shikai sensei for baking pizza at the end of the two days.

Thank you to the following students who offered their time to do samu and assist the monastics in the upkeep and improvement of Dainen-ji.

Chunen ino, Mishin tando, Jido anagarika, Ryoshin, Senbo, Fushin, Michael Lifshitz, Francois Fournier, Abigail Lixfeld, Marcel Jomphe, Mouktar Adbillahi, Carl Anderson, Pierre Trahan, Chantal Maheu, Glenn Murphy, Jan Elliot, Margaret McGarry, Hanna Grazyna, Andrew Mayeda, Elizabeth Eve, Sophia Stevenson, George Donovan, Neil Porter, Jaimie Bordman and Julien Wu.



## **Office of the Tenzo**

Dogen zenji taught in the Tenzokyokun that the work of preparing and serving meals is "a matter for realized monks who have the mind of the Way or by senior disciples who have roused the Way-seeking mind." In alignment with this, part of Zen Master Anzan Hoshin's samu for the Community involves personally overseeing the activities of the ancient office of tenzo. Jinmyo Renge osho serves as tenzo and Mishin tando and Saigyō chiden offer assistance as tenzo-anja.

**Samu Weekend Saturday Lunch:**

Lundberg Farms long-grain brown rice mixed with butter, salt and sunflower seeds; blackbean soup (reconstituted black beans, cubed yukon gold potatoes, tomato puree, chopped onion, cumin, chipotle, dijon mustard, red balsamic vinegar) served with sliced banana; a pickle of cubed cantelope and honeydew melon with cubed paneer, seasoned with lime juice, ngoc man, and chopped coriander.

**Samu Weekend Sunday Lunch:**

Cavatappi pasta dressed with an alfredo sauce with white wine, thyme, eryngi and oyster mushrooms; thick tomato stew with sweet and white onion, garlic, green and red bell peppers, shishito green chile, white and red kidney beans, red wine, basil, oregano; salad of Romaine lettuce, radicchio, sliced tomatoes, celery, cucumber and slivered white onion, with a basil pesto dressing (basil, extra virgin olive oil, sunflower seeds, parmesan, lime juice).

**Sunday Supper:**

Four differently topped pizza with Jim Lahey's 24 hour no-knead crust made by Shikai sensei: chard with pancetta, caramelized onion and smoked pecorina cheese; mushroom with Italian friulano cheese, garlic and truffle salt; spinach on unripened goat cheese, raw garlic, and caramelized onion; tomato with mozzarella, caramelized onion, garlic, and fresh basil, topped with parmesan reggiano.

**Monday yakuseki:**

Leftovers: Lundberg Farms long-grain brown rice mixed with butter, salt and sunflower seeds and cavatappi pasta dressed with an alfredo sauce with white wine, thyme, eryngi and oyster mushrooms fried in butter; thick tomato stew with puffed aburage tofu, sweet and white onion, garlic, green and red bell peppers, shishito green chile, white and red kidney beans, red wine, basil, oregano; salad of Romaine lettuce, radicchio, sliced tomatoes, celery, cucumber and slivered white onion, cubed cantelope and honeydew melon with cubed paneer, with a basil pesto dressing (basil, extra virgin olive oil, sunflower seeds, parmesan, lime juice).

**Tuesday yakuseki:**

Pork side and baby back ribs, marinated with chipotle and adobo and garlic; kielbasa sausage slices sauteed with small whole eryngi mushrooms; leftover black bean soup loosened and refreshed with chicken stock; warm potato salad: Yukon Gold potatoes, fried pancetta, capers, celery, radishes, red onion, scallions dressed with Dijon, ranch dressing, and labneh on a bed of wasabi arugala.

**Thursday yakuseki:**

Calrose rice with gomassio; miso shiru with shitake mushrooms, baby bokchoy, and silken tofu; takuan and ginger.



## Thank You

If you would like to thank someone for a contribution they have made, please feel free to send an email to Jinmyo osho at rengo at Gmail dot com, but be sure to type "eMirror" in the subject line.

### **From Shikai sensei:**

Thank you: to Ryoshin for driving to, and back from, Montreal so we could enjoy the Jean-Paul Gaultier exhibit at the Museum des Beaux Arts; to Fushin for digitizing the print publication "Zanmai 9 & 10" published in 1992 which is now available at <http://www.wwzc.org/book/zanmai-0> ; to Jim Lahey of "Co." for the incredibly good recipe for 24 hour no-knead bread and pizza.

### **From the Office of the Treasurer:**

Thank you to Margaret McGarry, Marcel Jomphe, Brian Lakeman, John Mielke, and Brian Murphy for donations to the roof repair fund. Monks and lay students have generously contributed a total of \$17,581.50 to date, and we are only \$1,758.50 shy of the total amount needed before we can sign the contract with the roofing company. Thank you to Shikai sensei for a donation towards attic renovation expenses; to Saigyo chiden for a donation towards shissui tools; and to the following students for donations towards the recent Samu Weekend: Samantha Drouin, Margaret McGarry, Stacey Loyer, Natasha Royka, Glenn Murphy, Claude Schryer, and Fernand Larouche.

### **From Mishin tando:**

Thank you to the Roshi for pointing out the arboreal antics of the squirrels who play on the grounds and in the trees at Dainen-ji; to Chunen ino and Fushin for trips to the storage locker where "hermit masters" (a back-up set of master CDs of teisho) are kept; to Saigyo chiden for organizing the Samu Weekend.

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## **Bendowa eBook Available**

This translation by Ven. Anzan Hoshin roshi and Ven. Yasuda Joshu roshi, over thirty years in the making, of Eihei Dogen zenji's "Bendowa: A Talk on Exerting the Way" is available as an ebook in PDF format for free download from the web site. The Roshi has made it available under a Creative Commons license so everyone is free to copy and distribute it as long as it is not for commercial purposes, proper attribution is maintained, and the text is unaltered. The ebook is extensively annotated and provides the Japanese text. This text was the basis of the Roshi's teisho series, "Drawn In, Moving Forth: Commentaries on Eihei Dogen zenji's Bendowa: A Talk on Exerting the Way." Many thousands of copies of this PDF have been downloaded so far. Although we would like to convert it to mobi and ePub formats as well, the Japanese text becomes garbled.

Download it here: <http://www.wwzc.org/translations/Bendowa-book.pdf>

## **Freedom and Tyranny eBook Available**

"Freedom and Tyranny: A series of Dharma Talks and Zen Mondo presented by Ven. Shikai Zuiko osho", is now available for free download as a PDF on the Great Matter page at <http://www.wwzc.org/node/64>. This paperback publication has recently sold out and Shikai sensei has generously proposed that it be made available as a free ebook. Everyone is free to copy and distribute it as long as it is not for commercial purposes, proper attribution is maintained, and the text is unaltered.

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## **Ongoing Project: "All is Change"**

Dainen-ji, being a 136-year-old building, is continuously in need of maintenance and the costs associated with this can be astronomical when such things as roof repairs or painting are needed. This is something that we cannot afford to do, yet must do and so the "All is Change" project has been created. The "All is Change" project is very simple. Most of us have a bowl or a jar or some other kind of container that we keep somewhere at home and fill up with loose change because it's too heavy to carry around. Many hundreds of dollars has been collected so far both in loose change and Canadian tire money which has been put towards the building maintenance fund. If anyone would like to contribute to this fund, each penny will be appreciated.