



Photograph by Ven. Anzan Hoshin roshi

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Edited by Ven. Jinmyo Renge osho

The White Wind Zen Community:

An international community practising and teaching Dogen's Zen since 1985.

Quotes from teisho are run sequentially in the eMirror

Last night, hot and cold winds met each other in mid-air, above, below, and as the clouds, and the air washed itself with a downpour of rain and sheets and forks of lightning. As the rain fell in torrents and the surface of the monastery's water garden exploded and erupted with the drops, the fish came to investigate and then hid beneath the dangling roots of the water hyacinth. After a few minutes they emerged and leapt and danced and rolled at the edge of the waterfall where the impact was the greatest. Monks stood under the shelter of the porch and gulped the wind and laughed and laughed as the thunder and lightning rolled and flashed almost simultaneously and continuously.

Although people fragment their lives into good and bad, desired and despised, self and other, mind and body, right here and far away over there, if we allow all of this moment to come together as it is then the vivid radiance of it and the sheer intimacy of it sound forth like thunder. The sound of a breath, a breeze, a bird, the clattering footsteps of a skunk on the sidewalk in the dark early morning, the pealing of flowing water and the rustle of robes all sound forth the inconceivable presencing of the wonder of our lives.

Unfolding this wonder, we fold our legs, straighten and settle and lift the torso and spine and head, and place the hands together in the Dharmadhatu mudra.

- Ven. Anzan Hoshin roshi, beginning teisho 18: "Wise Up, Down and All Around," from the series "Without Difficulty: Commentaries on Jianzhi Sengcan's Xinxin Ming: Words on Trusting Awareness," Saturday, September 9th, 2006. (If strange characters instead of 漢字 hanji or kanji appear this means that you need to enable UTF-8 in your Character Encoding settings.)

Upcoming Events

Fusatsu

Chanting of the Precepts will take place on August 10th and 31st.

Hermitage

The Roshi began a period of hermitage on Wednesday, August 3rd, which will end on Sunday, August 7th, when he leads monastics in Acalanatha Sadhana.

Introduction to Zen Workshop

The next Introduction to Zen Workshop will take place at Dainen-ji on Saturday, August 6th. For more information please see: http://www.wwzc.org/programs/Introduction_To_Zen_Workshop_Ottawa.htm For information concerning our Long-distance Training Program, please visit this Web Page: http://www.wwzc.org/?operation=long_distance.

August Two-day Sesshin

The August two-day sesshin begins at 8:00 p.m. on Friday, August 12th and will end at 6:00 p.m. on Sunday, August 14th.

On Saturday, August 13th, associate and general students may attend a sitting held in the Zendo. Arrival time is 9:15 a.m. (in time for First Bell). The sitting ends at 11:30 a.m. Students attending are reminded to remain on the first floor.

Oryoki for General Students

On Saturday, August 20th, general students who attend the 6:00 a.m. formal sitting may participate in oryoki practice led by Jinmyo osho. Please register one week in advance by sending an email to schedule at wwzc dot org or leave a message on the Zen Centre office answering machine at 613-562-1568. Associate or visiting public students who are in retreat at the monastery on that day may also participate in oryoki.

Dogen-ki

August 28th is Dogen-ki, the memorial of Eihei Dogen zenji's death.

Samu Weekend

The next Samu Weekend is scheduled to take place on Saturday, August 27th and Sunday, August 28th Please pencil these dates into your diary so that you will be able to attend some or all of this weekend of samu practice. Saigyō chiden will be writing soon to students with more details about the activities taking place over the weekend. To register please send an email to Saigyō chiden at saigyō dot cross at gmail.com or leave a message on the Zen Centre office answering machine at 613-562-1568.

Recorded Teisho Schedule

Sunday, August 7th, 2011 formal sitting: SAKN "The Drift of Meaning" by Zen Master Anzan Hoshin: "Knowing Is" (teisho 7 of 7)

Monday, August 8th, 2011 general sitting: Bowing and Receiving: Zen Master Anzan Hoshin's Commentaries on "Raihai Tokuzui": "The Consequences of Realization" (teisho 1 of 12)

Thursday, August 11th, 2011 associate sitting: "Starting Point" by Ven. Jinmyo Renge osho-ajari

Saturday, August 13th, 2011 general sitting: Dharma Talk 9: "When Giving Something Away" in the "Every Breath You Take" series by Ven. Shikai Zuiko o-sensei:

Upcoming Dharma Talk:

On Saturday, August 6th, 2011, Ven. Shikai Zuiko o-sensei will present "If Treated Respectfully", Dharma Talk 110 in the ongoing series "Every Breath You Take": Ven. Shikai Zuiko sensei's Comments on "The Practice of Purity": Book Eleven of the Avatamsaka Sutra Translated by Ven. Anzan Hoshin roshi and Ven. Shikai Zuiko sensei.

Dharma Talk 111, "If Treated Disrespectfully", will be presented during the general sitting on August 20th.

Recent Dharma Talk:

On Saturday, July 30th, 2011, Ven. Shikai Zuiko o-sensei presented "Seeing the Alms Bowl Full", Dharma Talk 109 in the ongoing series "Every Breath You Take": Ven. Shikai Zuiko sensei's Comments on "The Practice of Purity": Book Eleven of the Avatamsaka Sutra Translated by Ven. Anzan Hoshin roshi and Ven. Shikai Zuiko sensei.

Missed Sitzings and Teisho

Teisho presented at general and associate sittings which are part of a series need to be listened to in the correct order and with none missed out. If a student misses a sitting then it's necessary to borrow a copy of the missed teisho from the library or download it from the WWZC Media Site as soon as possible, so that the continuity of what is being presented is not disrupted. The weekly list of recorded teisho played at sittings is posted on the web site at <http://www.wwzc.org/book/teisho-schedule>

Retreats

Deshi Steven Karcz, sat a two-day retreat in his home in Saskatoon on July 30th and 31st.
Deshi Isshin sat a one-day retreat on Wednesday, August 3rd, in her home on Gabriola Island.
Fernand Larouche sat a partial retreat from 9:30 a.m. to 6:00 p.m. on Saturday, July 30th.
Stacey Loyer sat a partial retreat from 6:00 a.m. to 12:00 noon on Tuesday, August 2nd.

To Schedule a Retreat

Please visit this Web page for information about scheduling a retreat and an explanation of the different kinds of retreat (duration and timing) you can sit:

<http://www.wwzc.org/book/schedule-retreat>

High Priority - Repairs to the Monastery Roofs

Four of the monastery roofs are in need of repair, with two of them leaking water into rooms below and we urgently need to have them repaired before there is further structural damage. During recent rainstorms, water has been seeping through the flat roof above the attic and has made its way into the ceiling, walls and electrical outlets of the room below. The flat roof above the Sensei-ryo is also leaking water into the room below. The flat roof over the bay window in the Zendo has lost tiles and will soon start to leak. Repairs to these roofs simply cannot be put off any longer and so the Office of the Shissui has contacted the roofing company for the work to be done this summer. This does not include repair to the roof of the covered balcony. Though it has been leaking badly for years, it is not as much a priority as it is presently only being used for storage.

This is an expensive job because of the costs associated with erecting scaffolding to reach the attic roof (four stories up). Although White Wind Zen Community cannot afford to undertake the re-roofing until the full amount has been raised, Sangha donations now amount to almost three-quarters of the amount needed and so we asked the roofing company for an updated estimate.

Unfortunately, although it is to be expected, the cost of the re-roofing has risen in the intervening two years since the original estimate was prepared (when the roof leaks first became a high concern). This week, the roofing company sent us a revised tender for \$19,340 including taxes.

Donations from students currently total \$14,131.50. Thank you for your generous contributions to date.

Who, What, Where, When, & Why? Unfolding the “Mystery” of Monastery Objects by Shikai Zuiko o-sensei



Photograph by Nathan Comeau

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On the wall above a set of low bookshelves in the main room of the Hojo (Abbot's Offices) is a framed reproduction of the conclusion of the "Fukanzazengi" ("How Everyone Can Sit") by Eihei Dogen zenji written in his own hand. This document was foundational in the establishment of Dogen's Zen in Japan. Excerpts from it are chanted during sesshin and at other times. We practice it wordlessly with the whole bodymind in zazen.

The large character in the top centre is Dogen's personal kaō 花押, a stylized signature or mark used in place of a signature.

The form of the kaō is echoed by this stone and wood arrangement by Anzan Hoshin roshi which is placed beneath the calligraphy (and has occasionally appeared on the ikebana shelf in the Hatto or Dharma Hall).



New Archiving and Administration Office



In the summer of 2008 a project was begun to turn the east corner of the attic into a room for archiving and administration. The 400 square foot space has mostly sloping walls so we decided to utilize a maximum amount of space by using spray foam insulation between the rafters. Saigyo chiden designed a method of attaching strapping to the rafters which enabled drywall to be easily attached and them trimmed out with quarter-round moulding. Over the next months work progressed when time was available with many students offering samu to help the Shissui with construction. From April to July of this year a huge amount of work was done so that we could complete the project. It is now a beautifully functional space. The administration office which was previously located in the basement spare room is now in the attic and the archiving space which was previously in the 3rd floor common room is now located here also. Having a dedicated space for these activities is a wonderful improvement and also now frees up space in other areas of the monastery.

The renovation in the attic was made possible by the generous donation made by Ryoshin to pay for the entire project.

Weekly Caretaking Council Report

This week the side steps received a second coat of paint, the matting was replaced and the bench was secured. A linked smoke detector was installed in the attic at the top of the stairs. The air-conditioning unit which keeps the walk-in cooler cool was modified to deal with the build up of moisture that forms during the hot wet summers and now that this is done the walnut Kamidan and shelf (previously perpetually dripped on) has been replaced. Garden work was done including planting a new rose, a bush dogwood, a barrenwort and some mint. The Egleman Ivy vines which has been blown down during recent high winds were cleared away..

Thank you to all of the students who offer time to do samu on the many ongoing projects at Dainen-ji.



Office of the Tenzo

Dogen zenji taught in the Tenzokyokun that the work of preparing and serving meals is "a matter for realized monks who have the mind of the Way or by senior disciples who have roused the Way-seeking mind." In alignment with this, part of Zen Master Anzan Hoshin's samu for the Community involves personally overseeing the activities of the ancient office of tenzo. Jinmyo Renge osho serves as tenzo and Mishin tando and Saigyō chiden offer assistance as tenzo-anja.

Monday yakuseki:

Thai red curry: sweet onion, red and yellow bell peppers, shishito chiles, atsuge tofu triangles, peas, fried red curry paste, coconut milk, galangal, kaffir lime leaves, lemongrass, mirin, ngoc mam, Xiaoxing wine; stir-fried greens: gai lan, dai gai choy, and Napa cabbage; Thai jasmine rice; salad of chopped plum tomatoes and heritage cucumbers marinated in ngoc mam, lime, and mirin.

Tuesday yakuseki:

Pork loin bone-in chops, double thick, seared then roasted; baked potatoes with sour cream or Greek yogurt; tarragon pesto: pureed tarragon, extra virgin olive oil, almonds, lime juice; mushroom soup: white onion, chopped eryngi and cremini mushrooms, beef stock, porcini paste, red wine, soy sauce, Dijon mustard, oregano; slaw of green cabbage and white onion, dressed with Dijon mustard, mayonnaise, lime, and celery seeds.

Thursday yakuseki:

Egg salad sandwiches (egg salad made from eggs, scallions, toasted garlic, mayonnaise, salt, pepper, Dijon mustard); sourdough bread, Romaine lettuce and blackened Roma tomatoes; mushroom soup (blended cremini and porcini mushrooms, onion, Dijon mustard, red wine

and cream).



Thank You

If you would like to thank someone for a contribution they have made, please feel free to send an email to Jinmyo osho at rengo at Gmail dot com, but be sure to type "eMirror" in the subject line.

From Shikai sensei:

Thank you; to the Roshi for the teisho "Practice, Pain, and Posture" presented during O-sesshin in 1988 which is now available on the website; to the doctors at Guang An Men Hospital in Beijing who instructed and Dr. Wong who certified me in Anmo Tuina, which made it possible for me to write "Anmo Tuina for Zen Knees" published in Zanmai 9/10 which will be on the website as a companion to "Practice, Pain, and Posture"; to Nathan for scanning that article and the issue Zanmai 9/10 to make them available; to students to Jido anagarika, Ryoshin, and Nathan for a brand spanking new 27" iMac desktop computer with a wireless keyboard and mouse.

From the Office of the Treasurer:

Thank you to Nathan Comeau for a generous donation towards the roof repair fund and other aspects of the monastery.

Bendowa eBook Available

This translation by Ven. Anzan Hoshin roshi and Ven. Yasuda Joshu roshi, over thirty years in the making, of Eihei Dogen zenji's "Bendowa: A Talk on Exerting the Way" is available as an ebook in PDF format for free download from the web site. The Roshi has made it available under a Creative Commons license so everyone is free to copy and distribute it as long as it is not for commercial purposes, proper attribution is maintained, and the text is unaltered. The ebook is extensively annotated and provides the Japanese text. This text was the basis of the Roshi's teisho series, "Drawn In, Moving Forth: Commentaries on Eihei Dogen zenji's Bendowa:

A Talk on Exerting the Way." Many thousands of copies of this PDF have been downloaded so far. Although we would like to convert it to mobi and ePub formats as well, the Japanese text becomes garbled.

Download it here: <http://www.wwzc.org/translations/Bendowa-book.pdf>

Freedom and Tyranny eBook Available

"Freedom and Tyranny: A series of Dharma Talks and Zen Mondo presented by Ven. Shikai Zuiko osho", is now available for free download as a PDF on the Great Matter page at <http://www.wwzc.org/node/64>. This paperback publication has recently sold out and Shikai sensei has generously proposed that it be made available as a free ebook. Everyone is free to copy and distribute it as long as it is not for commercial purposes, proper attribution is maintained, and the text is unaltered.

Ongoing Project: "All is Change"

Dainen-ji, being a 136-year-old building, is continuously in need of maintenance and the costs associated with this can be astronomical when such things as roof repairs or painting are needed. This is something that we cannot afford to do, yet must do and so the "All is Change" project has been created. The "All is Change" project is very simple. Most of us have a bowl or a jar or some other kind of container that we keep somewhere at home and fill up with loose change because it's too heavy to carry around. Many hundreds of dollars has been collected so far both in loose change and Canadian tire money which has been put towards the building maintenance fund. If anyone would like to contribute to this fund, each penny will be appreciated.