



Photograph by Frank Tettsu Woods

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Edited by Ven. Jinmyo Renge osho

The White Wind Zen Community:

An international community practising and teaching Dogen's Zen since 1985.

Quotes from teisho are run sequentially in the eMirror

The text continues,

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Pu-erh chieh t'ung, wu pu-pao-jung.

Buer jie tong, wu bubaorong.

Funi nareba mina onaji, hōyō sezu to iu koto nashi.

In non-duality all is the same,
nothing is left out.

Everything is already non-dual, whether you realize it or not. That's the funny thing about funi: everything is telling the joke and everything is the punchline. Whether you get the joke or not depends upon whether you hold yourself back behind the eyes or come out and let go.

In a famous passage in the Genjokoan, *The Question of Our Lives*, Eihei Dogen zenji says,

No matter how far a fish swims, it doesn't come to the end of the ocean. No matter how far a bird flies, it doesn't come to the end of the sky. Since the beginning, fish and birds have always been one with their elements. When there is a great need, a great use appears. When there is a small need, a small use appears. Thus the full use of things is always as it is. Wherever something is, it covers its own ground. If a bird cut itself off from the sky it would die. If a fish cut itself off from water it would die. Also, the life of the sky is the bird itself, the life of the water is the fish. The bird is life, the fish is life. You can expand on these examples if you'd like. Practice, enlightenment, long and short life are examples.

If a bird or fish ever even tried to escape its own element it would be without its own place. Realizing your life as your life you realize the exertion of Awake Awareness. Realizing this, everything you do is actually done as the Way itself. There is no big or small, self or other, beginning, ending—and so this Way exists now.

Although this is so, our lives are actually even more intimate than this. We are always moving within the One Way of Suchness, not like fish swimming in water but like water moving within water, like water mixing with water as water. It is more like what Dogen zenji says in the *Sansui Kyo*, the *Sutra of Mountains and Rivers*: "Do not just study the momentary views of humans or gods about water; study the moment when water sees water. Water realizes the practice of water, and so water speaks *water*."

Every experience that arises within experiencing, every possible way of experiencing arises within experiencing, is non-dual just as the dew that settles, the rain that falls, the pond, the lake, the stream, the ocean, ice and frost are all water. These bodies and minds tremble and roil within non-dual Suchness like currents of water moving within water, like water being water because water is what it is.

Please, this evening, enjoy yourselves.

- Ven. Anzan Hoshin roshi, concluding teisho 17: "Water Within Water," from the series "Without Difficulty: Commentaries on Jianzhi Sengcan's Xinxin Ming: Words on Trusting Awareness," Saturday, August 12th, 2006. (If strange characters instead of 漢字 hanji or kanji appear this means that you need to enable UTF-8 in your Character Encoding settings.)

Upcoming Events

Fusatsu

Chanting of the Precepts will take place on August 10th and 31st.

Hermitage

The Roshi will begin a period of hermitage on Wednesday, August 3rd, which will end on Sunday, August 7th, when he leads monastics in Acalanatha Sadhana.

Introduction to Zen Workshop

The next Introduction to Zen Workshop will take place at Dainen-ji on Saturday, August 6th. For more information please see: http://www.wwzc.org/programs/Introduction_To_Zen_Workshop_Ottawa.htm For information concerning our Long-distance Training Program, please visit this Web Page: http://www.wwzc.org/?operation=long_distance.

August Two-day Sesshin

The August two-day sesshin begins at 8:00 p.m. on Friday, August 12th and will end at 6:00 p.m. on Sunday, August 14th.

On Saturday, August 13th, associate and general students may attend a sitting held in the Zendo. Arrival time is 9:15 a.m. (in time for First Bell). The sitting ends at 11:30 a.m. Students attending are reminded to remain on the first floor.

Oryoki for General Students

On Saturday, August 20th, general students who attend the 6:00 a.m. formal sitting may participate in oryoki practice led by Jinmyo osho. Please register one week in advance by sending an email to schedule at wwzc dot org or leave a message on the Zen Centre office answering machine at 613-562-1568. Associate or visiting public students who are in retreat at the monastery on that day may also participate in oryoki.

Dogen-ki

August 28th is Dogen-ki, the memorial of Eihei Dogen zenji's death.

Samu Weekend

The next Samu Weekend is scheduled to take place on Saturday, August 27th and Sunday, August 28th Please pencil these dates into your diary so that you will be able to attend some or all of this weekend of samu practice. Saigyō chiden will be writing soon to students with more details about the activities taking place over the weekend. To register please send an email to Saigyō chiden at saigyō dot cross at gmail.com or leave a message on the Zen Centre office answering machine at 613-562-1568.

Recorded Teisho Schedule

Sunday, July 31, 2011 formal sitting: SAKN "The Drift of Meaning" by Zen Master Anzan Hoshin: "Feeling into Samboghakaya" (teisho 6 of 7)

Monday, August 1, 2011 general sitting: Bowing and Receiving: Zen Master Anzan Hoshin's Commentaries on "Raihai Tokuzui": Reading of the text

Thursday, August 4, 2011 associate sitting: "Not Fade Away": Dharma Talk by Ven. Jinmyo Renge osho-ajari

Upcoming Dharma Talk:

On Saturday, July 30th, 2011, Ven. Shikai Zuiko o-sensei will present "Seeing the Alms Bowl Full", Dharma Talk 109 in the ongoing series "Every Breath You Take": Ven. Shikai Zuiko sensei's Comments on "The Practice of Purity": Book Eleven of the Avatamsaka Sutra Translated by Ven. Anzan Hoshin roshi and Ven. Shikai Zuiko sensei.

Dharma Talk 110, "If Treated Respectfully" will be presented on Saturday, August 6.

Recent Dharma Talk:

On Saturday, July 23rd, 2011, Ven. Shikai Zuiko o-sensei presented "Seeing the Alms Bowl Empty", Dharma Talk 108 in the ongoing series "Every Breath You Take": Ven. Shikai Zuiko sensei's Comments on "The Practice of Purity": Book Eleven of the Avatamsaka Sutra Translated by Ven. Anzan Hoshin roshi and Ven. Shikai Zuiko sensei.

Missed Sitzings and Teisho

Teisho presented at general and associate sittings which are part of a series need to be listened to in the correct order and with none missed out. If a student misses a sitting then it's necessary to borrow a copy of the missed teisho from the library or download it from the WWZC Media Site as soon as possible, so that the continuity of what is being presented is not disrupted. The weekly list of recorded teisho played at sittings is posted on the web site at <http://www.wwzc.org/book/teisho-schedule>

Congratulations

Congratulations and deep gassho to Natasha Royka and Olivier Plamondon on being accepted as associate students by the Roshi. Natasha is a resident of Ottawa. Olivier is a resident of Gatineau, QC.

Retreats

Chiso anagarika, visiting from Massachusetts, sat a retreat from 7:30 p.m. Monday, July 25th to 6:00 p.m. Thursday, July 28th. Deshi Isshin sat a one-day retreat in her home on Gabriola Island on Tuesday, July 26th.

To Schedule a Retreat

Please visit this Web page for information about scheduling a retreat and an explanation of

the different kinds of retreat (duration and timing) you can sit:
<http://wwwzc.org/book/schedule-retreat>

High Priority - Repairs to the Monastery Roofs

Four of the monastery roofs are in need of repair, with two of them leaking water into rooms below and we urgently need to have them repaired before there is further structural damage. During recent rainstorms, water has been seeping through the flat roof above the attic and has made its way into the ceiling, walls and electrical outlets of the room below. The flat roof above the Sensei-ryo is also leaking water into the room below. The flat roof over the bay window in the Zendo has lost tiles and will soon start to leak. Repairs to these roofs simply cannot be put off any longer and so the Office of the Shissui has contacted the roofing company for the work to be done this summer. This does not include repair to the roof of the covered balcony. Though it has been leaking badly for years it is not as much a priority as it is presently only being used for storage.

The roofing company gave us an estimate for \$16,000. This is an expensive job because of the costs associated with erecting scaffolding to reach the attic roof (four stories up). Donations from students currently total \$11,131.50.

Thank you for your generous contributions to date.

Who, What, Where, When, & Why? Unfolding the “Mystery” of Monastery Objects by Shikai Zuiko o-sensei



Photograph by Nathan Comeau

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This antique cast bronze rupa of the primordial Buddha Mahavairocana (Dainichi Nyorai) in the kongo-in or vajra mudra symbolizes the interpenetration and pervasion of all points of experience (dharmas) throughout the Total Field of All Possibilities (Dharmadhatu) as the radiant activity of luminosity. It is positioned on a black wooden column fashioned from a repurposed railway tie just underneath the sho of "Ho" ("Dharma"), described in the last article, inside the entrance to the Hojo (the Abbot's Offices).

New Archiving and Administration Office



In the summer of 2008 a project was begun to turn the east corner of the attic into a room for archiving and administration. The 400 square foot space has mostly sloping walls so we decided to utilize a maximum amount of space by using spray foam insulation between the rafters. Saigyo chiden designed a method of attaching strapping to the rafters which enabled drywall to be easily attached and then trimmed out with quarter-round moulding. Over the next months work progressed when time was available with many students offering samu to help the Shissui with construction. From April to July of this year a huge amount of work was done so that we could complete the project. It is now a beautifully functional space. The administration office which was previously located in the basement spare room is now in the attic and the archiving space which was previously in the 3rd floor common room is now located here also. Having a dedicated space for these activities is a wonderful improvement and also now frees up space in other areas of the monastery.

The renovation in the attic was made possible by the extremely generous donation made by Ryoshin to pay for the entire project.



Weekly Caretaking Council Report

This week Mishin tando continued with sorting and clarifying the archiving and Treasurer's areas in the attic. A broken window in the Sensei-ryo was mended by replacing the ropes which operate the sashes. Wood boards, recovered from the attic flooring a couple of years ago, were brought in from the wood shed where they will acclimate in the workshop before being used in further construction of shelves and cabinets in the kuin (kitchen) Some of the low-hanging branches of the elm on the east side of the property were trimmed back as they were preventing certain areas of the cedar hedge from getting sufficient light. The cedar hedge received its yearly trim and was fertilized. A heritage contractor who we have used previously to replace our chimneys, Keystone Masonry, repaired some deteriorated brick at the west side of the building under the kuin window by removing three courses of bricks and replacing

them with stone blocks. They also did some re-pointing (repair to masonry) on several areas of crumbling mortar around the building. A contractor repaired one of the Zendo windows that could not be opened due to missing sash springs. Garden maintenance and watering continued through the week. The side porch bench and rear porch railings were painted.

Thank you to all of the students who offer time to do samu on the many ongoing projects at Dainen-ji.

Office of the Tenzo

Dogen zenji taught in the Tenzokyokun that the work of preparing and serving meals is "a matter for realized monks who have the mind of the Way or by senior disciples who have roused the Way-seeking mind." In alignment with this, part of Zen Master Anzan Hoshin's samu for the Community involves personally overseeing the activities of the ancient office of tenzo. Jinmyo Renge osho serves as tenzo and Mishin tando and Saigyo chiden offer assistance as tenzo-anja.

Monday yakuseki:

Cubed silken tofu braised with portobello and eryngi mushrooms, red bell peppers, shishito chiles, and Spanish onion, minced ginger, sesame oil, memmi, michu cooking wine, and chile sauce; stir-fried Shanghai bok choy sum; mixed grain: arborio, calrose, pearled barley, Korean white sticky rice, Lundberg Farms short grain brown rice, Sona Masoori, and basmati.

Tuesday yakuseki:

Fish and chips. A chowder of tilapia, cod, sole, and large shrimps in a broth made from the shrimp shells, Spanish onion, peas, corn, creamed corn, coconut milk, minced elephant garlic, Asian celery, toasted white and black mustard seeds, cumin seeds, dried chiles, turmeric, and curry powder; vegetable pakora (carrots, potato, onion, daikon and mushrooms) coated in a batter made from besan (chickpea flour), chopped green chiles, garam masala, garlic, ginger, cayenne powder, salt; Mediterranean yogurt flavoured with Indian lime pickle; mixed grain; slaw of green cabbage, white onion, carrots, scallions, dressed with celery seeds, mayonnaise, and lime juice.

Thursday yakuseki:

Sliced atsugae tofu with spears of white onion, red and yellow bell peppers, and portobello mushroom caps in a glossy bulgogi sauce; stir-fried gai lan with lime and peanuts; mixed grain or arborio and calrose rice with sesame oil.



Thank You

If you would like to thank someone for a contribution they have made, please feel free to send an email to Jinmyo osho at rengo at Gmail dot com, but be sure to type "eMirror" in the subject line.

From Shikai sensei:

Thank you; to Mishin tando for sorting through old paperwork and recovering archive material in the process; to Saigyo chiden for removing a dead lighting installation from the Sensei-ryo; to Chiso anagarika for hand sewing repairing of zafu; thank you to whomever took the time to spray clean the blackberry bush which was red with brick dust from the work on the east wall

From the Office of the Treasurer:

Thank you to Chiso anagarika, Elizabeth Eve, and Rodney Gallant for donations to the roof repair fund, and to Tedd Robinson for a donation to support the activities of the monastery.

From Mishin tando:

Thank you to the Roshi for the ikebana that appeared in the Hatto and refreshed the seeing on hot day: tall vase filled with water, a glass egg, and marimo (Japanese moss balls); to Senbo for preparing the Introduction to Zen workshop ad that appears in the Bytowne Guide; to Graham Mayeda for the donation of the new dining hall kettle.

From Saigyo chiden:

Thank you to Graham Mayeda for taking care of all of the Caretaking Council administrative paperwork. To Nathan Comeau for photographs in the eMirror, filling the bird feeder regularly and preparing the coffee everyday on the 3rd floor. Thank you to Natasha Royka, Stacey Loyer, Francois Fournier, Neil Porter, Glenn Murphy and Sophia Stevenson for samu.

Bendowa eBook Available

This translation by Ven. Anzan Hoshin roshi and Ven. Yasuda Joshu roshi, over thirty years in the making, of Eihei Dogen zenji's "Bendowa: A Talk on Exerting the Way" is available as an

ebook in PDF format for free download from the web site. The Roshi has made it available under a Creative Commons license so everyone is free to copy and distribute it as long as it is not for commercial purposes, proper attribution is maintained, and the text is unaltered. The ebook is extensively annotated and provides the Japanese text. This text was the basis of the Roshi's teisho series, "Drawn In, Moving Forth: Commentaries on Eihei Dogen zenji's Bendowa: A Talk on Exerting the Way." Many thousands of copies of this PDF have been downloaded so far. Although we would like to convert it to mobi and ePub formats as well, the Japanese text becomes garbled.

Download it here: <http://www.wwzc.org/translations/Bendowa-book.pdf>

Freedom and Tyranny eBook Available

"Freedom and Tyranny: A series of Dharma Talks and Zen Mondo presented by Ven. Shikai Zuiko osho", is now available for free download as a PDF on the Great Matter page at <http://www.wwzc.org/node/64>. This paperback publication has recently sold out and Shikai sensei has generously proposed that it be made available as a free ebook. Everyone is free to copy and distribute it as long as it is not for commercial purposes, proper attribution is maintained, and the text is unaltered.

Ongoing Project: "All is Change"

Dainen-ji, being a 136-year-old building, is continuously in need of maintenance and the costs associated with this can be astronomical when such things as roof repairs or painting are needed. This is something that we cannot afford to do, yet must do and so the "All is Change" project has been created. The "All is Change" project is very simple. Most of us have a bowl or a jar or some other kind of container that we keep somewhere at home and fill up with loose change because it's too heavy to carry around. Many hundreds of dollars has been collected so far both in loose change and Canadian tire money which has been put towards the building maintenance fund. If anyone would like to contribute to this fund, each penny will be appreciated.