



*Xinxin Ming, sho by Ven. Anzan Hoshin roshi*

## **eMirror Vol. 15, No. 27**

**Friday, July 8th, 2011**

**Edited by Ven. Jinmyo Renge osho**

*The White Wind Zen Community:  
An international community practising and teaching Dogen's Zen since 1985.*

---

## Quotes from teisho are run sequentially in the eMirror

[The Xinxin Ming says:]

117 非思量處 識情難測

Fei-ssu-liang ch'u, shih-ch'ing nan ts'e.

Feisiliang chu, shiqing nan ce.

Hishiryō no sho, shikijō hakari gatashi.

Unthinkable,  
senses or knowledge cannot reach it.

Thoughts, the senses, knowledge are all the radiance of Knowing in itself. Just as the eyes cannot see themselves, Knowing cannot be made into an object that is known. But the eyes see nothing else and nothing else is ever known except the radiance of Knowing in itself. When the eyes see a stone or a shadow, a light or a bird, it is seeing the radiance of Knowing. What the eyes see as the stone or the bird is the nature of the eyes as well. In that sense, the eyes are always seeing themselves for there is nothing else that can be seen, there is nothing that can be experienced that is not an experience arising within Experiencing. It cannot be reduced to a thought, it cannot be made into a sense object or a known. It cannot be grasped but it is never out of reach because it is the skin, meat, bone and marrow of your hands and body.

Establishing and practising this entrustment is not an attitude or a story. It is not a belief. It is aligning how your life is lived with the life that is living as you and as the ten directions and ten thousand things and the infinite infinities of experiencing. It is continually practising and realizing reality.

Please, this evening, enjoy yourselves.

- Ven. Anzan Hoshin roshi, concluding teisho 16: "The Practice of Entrusting," from the series "Without Difficulty: Commentaries on Jianzhi Sengcan's Xinxin Ming: Words on Trusting Awareness," Saturday, June 17th, 2006. (If strange characters instead of 漢字 hanji or kanji appear this means that you need to enable UTF-8 in your Character Encoding settings.)

## Upcoming Events

### Fusatsu

Chanting of the Precepts will take place on July 13th and July 27th.

### Yaza:

Yaza (all night sitting) will take place on Saturday, July 9th, from 10 p.m. until Sunday July 10th at 8 a.m. Zen Master Anzan Hoshin will lead the Yaza and present a teisho. Students attending should arrive by first bell at 9:45 p.m. A light breakfast will be served before the

end of the Yaza. All students are welcome to attend. Please register soon as seating will be limited. The suggested dana contribution for Yaza is \$35.00. To register, please send an email to [schedule@wwzc.org](mailto:schedule@wwzc.org) or leave a message on the Zen Centre office answering machine at 562-1568.

### **Oryoki for General Students**

On Saturday, July 16th, general students who attend the 6:00 a.m. formal sitting may participate in oryoki practice led by Jinmyo osho. Please register one week in advance by sending an email to schedule at wwzc dot org or leave a message on the Zen Centre office answering machine at 613-562-1568. Associate or visiting public students who are in retreat at the monastery on that day may also participate in oryoki.

### **Introduction to Zen Workshop**

The next Introduction to Zen Workshop will take place at Dainen-ji on Saturday, August 6th. For more information please see:

<http://www.wwzc.org/content/introduction-zen-workshop-ottawa>

For information concerning our Long-distance Training Program, please visit this Web Page:

<http://www.wwzc.org/book/long-distance-training-program>

## **Recorded Teisho Schedule**

Monday, July 11th general sittings: Studying the Mystery: Zen Master Anzan Hoshin's Commentaries on "The Sandokai": "We Each Are Each Other" (teisho 2 of 4)

Thursday, July 14th associate sitting: "The Meaning of Mindfulness": Dharma Talk by Ven. Jinmyo Renge osho-ajari

### **Upcoming Dharma Talk:**

On Saturday, July 9th, 2011, Ven. Shikai Zuiko o-sensei will present "Seeing Those Who Refuse to Make Offerings", Dharma Talk 106 in the ongoing series "Every Breath You Take": Ven. Shikai Zuiko sensei's Comments on "The Practice of Purity": Book Eleven of the Avatamsaka Sutra Translated by Ven. Anzan Hoshin roshi and Ven. Shikai Zuiko sensei.

On Saturday, July 16, 2011, Dharma Talk 107 in the "Every Breath You Take" series by Shikai sensei will be "Seeing Those Who Make Offerings".

### **Current Dharma Talk:**

On Saturday, July 2nd, 2011, Ven. Shikai Zuiko o-sensei presented "Entering a House", Dharma Talk 105 in the ongoing series "Every Breath You Take": Ven. Shikai Zuiko sensei's Comments on "The Practice of Purity": Book Eleven of the Avatamsaka Sutra Translated by Ven. Anzan Hoshin roshi and Ven. Shikai Zuiko sensei.

## **Missed Sittings and Teisho**

Teisho presented at general and associate sittings which are part of a series need to be

listened to in the correct order and with none missed out. If a student misses a sitting then it's necessary to borrow a copy of the missed teisho from the library or download it from the WWZC Media Site as soon as possible, so that the continuity of what is being presented is not disrupted. The weekly list of recorded teisho played at sittings is posted on the web site at <http://www.wwzc.org/book/teisho-schedule>

## **Congratulations**

Congratulations and deep gassho to Sarah Goul on being accepted as a general student by the Roshi. Congratulations and deep gassho to Glenn Murphy on being accepted as an associate student by the Roshi. Glenn is a resident of Kanata, Ontario.

## **Retreats and Training Sessions**

Michael Urbanski sat a full day retreat on Thursday, July 7th. Sarah Goul sat a retreat from 3:00 p.m. Wednesday, July 6th to noon on Thursday, July 7th.

## **To Schedule a Retreat**

Please visit this Web page for information about scheduling a retreat and an explanation of the different kinds of retreat (duration and timing) you can sit:

<http://www.wwzc.org/book/schedule-retreat>

## **High Priority - Repairs to the Monastery Roofs**

Four of the monastery roofs are in need of repair, with two of them leaking water into rooms below and we urgently need to have them repaired before there is further structural damage. During recent rainstorms, water has been seeping through the flat roof above the attic and has made its way into the ceiling, walls and electrical outlets of the room below. The flat roof above the Sensei-ryo is also leaking water into the room below. The flat roof over the bay window in the Zendo has lost tiles and will soon start to leak. Repairs to these roofs simply cannot be put off any longer and so the Office of the Shissui has contacted the roofing company for the work to be done this summer. This does not include repair to the roof of the covered balcony. Though it has been leaking badly for years it is not as much a priority as it is presently only being used for storage.

The roofing company gave us an estimate for \$16,000. This is an expensive job because of the costs associated with erecting scaffolding to reach the attic roof (four stories up). Donations from students currently total \$7,700.

Thank you for your generous contributions to date.

## **Who, What, Where, When, & Why? Unfolding the "Mystery" of Monastery Objects**

by Shikai Zuiko o-sensei



*Photograph by Nathan Comeau*

59

This antique Japanese staff is called a nyoi. While they are often carved or even, as we have seen, made from metal, this one is formed from a natural root. Anzan roshi holds this as students enter the Kaisando for dokusan and carefully places it before the edge of his zabuton to indicate the initiation of a bow between himself and the student. Other items that can be seen are the keisu gong which rings students in or out of the room, a water glass, a case of index cards and pen for notes written for students, and a cloth case containing liturgical material with a single pointed vajra threaded through the wrapping cords.

## **Current work in the grounds**

Here is a list of the projects we currently need to do in the grounds. If you would like to offer samu towards assisting with any this work your help will be much appreciated:

- The matting on the side porch needs to be reattached following the completion of the porch painting project and the bench needs painting.
- The Bittersweet climber needs to be cut back. Even though the variety of Bittersweet we have is not the extremely invasive type, this one is very vigorous and needs taming.
- The indestructible patch of Japanese knot weed on the east side is growing back and needs to be cut back.

- The new west border needs weeding and planting.
- The climbing Hydrangea on the west wall was blown down recently during a storm and needs help to re-attach itself to the wall, possible with the addition of some trellis.

Please contact Saigyo chiden at saigyo dot cross at gmail dot com if you have any time to help with these projects



### **Office of the Tenzo**

Dogen zenji taught that the work of preparing and serving meals was "a matter for realized monks who have the mind of the Way or by senior disciples who have roused the Way-seeking mind." In alignment with this, part of Zen Master Anzan Hoshin's samu for the Community involves personally overseeing the activities of the ancient office of tenzo. Jinmyo Renge osho serves as tenzo and Mishin tando and Saigyo chiden offer assistance as tenzo-anja.

#### **Monday yakuseki:**

Potato salad: new Yukon Gold baby potatoes, minced white onion, chopped celery, oregano, parsley leaves, capers, Dijon mustard, heavy cream, mayonnaise, ranch dressing; tomato soup: vegetable juice, red wine, crushed San Marzano tomatoes, oregano; salad of sauteed sliced white mushrooms, blanched and shocked sugar snap peas, radish greens, cubes of paneer browned in butter, dressed with lemon juice and zest.

#### **Tuesday yakuseki:**

Kalbi: beef ribs poached, marinated in kalbi sauce, then slow roasted; fried rice with chopped pork and chicken breasts, white onion, slivered ginger; mug of miso shiru (kombu dashi, bonito, slivered ginger, shiro miso); salad of wide rice noodles, shaved green cabbage, white onion, sand livered ginger, dressed with memmi, sesame oil, mirin, and lime.

#### **Thursday yakuseki:**

Yukon gold mashed potatoes; "chicken" gardeine strips sauteed with chunks of Spanish onion, red bell pepper and cubanelle peppers, seasoned with Dijon mustard, salt and pepper; baby green peas; mushroom gravy (cremini and porcini mushrooms, diced onion, seasoned with

thyme).



## Thank You

If you would like to thank someone for a contribution they have made, please feel free to send an email to Jinmyo osho at renegezo at Gmail dot com, but be sure to type "eMirror" in the subject line.

### **From Shikai sensei:**

Thank you to Mishin tando for baking a delicious light buttermilk raspberry cake

### **From Jinmy osho:**

Thank you to Shikai sensei for hand-sewing a rakusu for me, using many shades of blue cloth.

### **From the Office of the Treasurer:**

Thank you to Sverre Bang, Peter McRae, and Kent Swinbourne for donations towards the roof repair project.

### **From Mishin tando:**

Thank you to the Roshi for the thousands of teisho presented over the past decades, showing us over and over again that waking up to our lives really is simple, regardless of whatever complicated and confused states we may be caught up in, and that we only need to simply do it, right now in this moment.

### **From Doug Somers:**

Thank you to Roshi for the wonderfully direct teisho series Round and Bright; to Shikai sensei for the gift of a most useful travel zafu; to Jinmyo osho for clarifying my use of forms.

---

## **Bendowa eBook Available**

This translation by Ven. Anzan Hoshin roshi and Ven. Yasuda Joshu roshi, over thirty years in the making, of Eihei Dogen zenji's "Bendowa: A Talk on Exerting the Way" is available as an ebook in PDF format for free download from the web site. The Roshi has made it available under a Creative Commons license so everyone is free to copy and distribute it as long as it is not for commercial purposes, proper attribution is maintained, and the text is unaltered. The ebook is extensively annotated and provides the Japanese text. This text was the basis of the

Roshi's teisho series, "Drawn In, Moving Forth: Commentaries on Eihei Dogen zenji's Bendowa: A Talk on Exerting the Way." Many thousands of copies of this PDF have been downloaded so far. Although we would like to convert it to mobi and ePub formats as well, the Japanese text becomes garbled.

Download it here: <http://www.wwzc.org/translations/Bendowa-book.pdf>

### **Freedom and Tyranny eBook Available**

"Freedom and Tyranny: A series of Dharma Talks and Zen Mondo presented by Ven. Shikai Zuiko osho", is now available for free download as a PDF on the Great Matter page at <http://www.wwzc.org/node/64>. This paperback publication has recently sold out and Shikai sensei has generously proposed that it be made available as a free ebook. Everyone is free to copy and distribute it as long as it is not for commercial purposes, proper attribution is maintained, and the text is unaltered.

---

### **Ongoing Project: "All is Change"**

Dainen-ji, being a 136-year-old building, is continuously in need of maintenance and the costs associated with this can be astronomical when such things as roof repairs or painting are needed. This is something that we cannot afford to do, yet must do and so the "All is Change" project has been created. The "All is Change" project is very simple. Most of us have a bowl or a jar or some other kind of container that we keep somewhere at home and fill up with loose change because it's too heavy to carry around. Many hundreds of dollars has been collected so far both in loose change and Canadian tire money which has been put towards the building maintenance fund. If anyone would like to contribute to this fund, each penny will be appreciated.