



*Photograph by Ven. Anzan Hoshin roshi*

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**Edited by Ven. Jinmyo Renge osho**

*The White Wind Zen Community:*

*An international community practising and teaching Dogen's Zen since 1985.*

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**Quotes from teisho are run sequentially in the eMirror**

The text [of Sengcan's Xinxin Ming] continues:

**113** 一切不留 無可記憶

I-ch'ieh pu-liu, wu-k'o chi-i.

Yiqie buliu, wuke jiyi.

Issai todomarazareba, kioku su beki nashi.

Nothing remains,  
Nothing to memorize.

What the Xinxin Ming presents is not a doctrine or a catechism to be memorized and held on to. Discursively reminding yourself about some phrases about emptiness and vastness is not practising. Telling yourself to practice is not practising. Only practising is practising. But telling yourself you're not really practising because a thought came up reminding you to practise is not to be trusted. Anything that tells you that you cannot practise is not to be trusted.

The Xinxin Ming says that nothing really remains to be said to prove the point; and the point is that nothing remains and our lives are to be lived as they actually present themselves instead of only through what we have already known. It is not merely that nothing lasts and remains in the long term and that we will all inevitably die just as fashions fade and civilizations crumble and petroleum supplies run out and the stars will burn themselves out and the universe itself will at some point collapse; although this is all true. It is that nothing remains of this moment now because as it arises, it falls away. It is because nothing lasts, it is because everything is impermanent, not only in the long term, but radically, in every aspect and in every moment, that our lives are possible at all.

If you do not let go of the breath you have inhaled you will die. You must breathe out in order to breathe in again. When you take a step forward nothing remains of your standing back there. The wind suddenly gusts and the sound of the waterfall rises to a roar and then falls back into its murmured splashing. A cardinal stands on a branch and throws its head back to its song while a squirrel lying on its belly on the same branch sleepily watches. Then the cardinal drops and sweeps away and around and up through a lattice of branches to another perch, calls out again, and is gone.

Nothing remains. Remember that. Remember not the words but the fact: Nothing remains.

- Ven. Anzan Hoshin roshi, continuing teisho 16: "The Practice of Entrusting," from the series "Without Difficulty: Commentaries on Jianzhi Sengcan's Xinxin Ming: Words on Trusting Awareness," Saturday, June 17th, 2006. (If strange characters instead of 漢字 hanji or kanji appear this means that you need to enable UTF-8 in your Character Encoding settings.)

## Upcoming Events

### **Fusatsu**

Chanting of the Precepts will take place on June 29th, July 13th and July 27th.

### **Oryoki for General Students**

On Saturday, June 25th, general students who attend the 6:00 a.m. formal sitting may participate in oryoki practice led by Jinmyo osho. Please register one week in advance by sending an email to schedule at wwzc dot org or leave a message on the Zen Centre office

answering machine at 613-562-1568. Associate or visiting public students who are in retreat at the monastery on that day may also participate in oryoki.

### **Hermitage**

The Roshi will begin a period of hermitage on Wednesday, June 29th, which will end on Sunday, July 3rd, when he leads monastics in Acalanatha Sadhana.

### **Introduction to Zen Workshop**

The next Introduction to Zen Workshop will take place at Dainen-ji on Saturday, July 2nd. For more information please see:

<http://www.wwzc.org/content/introduction-zen-workshop-ottawa>

For information concerning our Long-distance Training Program, please visit this Web Page:

<http://www.wwzc.org/book/long-distance-training-program>

### **Yaza:**

Yaza (all night sitting) will take place on Saturday, July 9th, from 10 p.m. until Sunday July 10th at 8 a.m. Zen Master Anzan Hoshin will lead the Yaza and present a teisho. Students attending should arrive by first bell at 9:45 p.m. A light breakfast will be served before the end of the Yaza. All students are welcome to attend. Please register soon as is seating will be limited. The suggested dana contribution for Yaza is \$35.00. To register, please send an email to [schedule@wwzc.org](mailto:schedule@wwzc.org) or leave a message on the Zen Centre office answering machine at 562-1568.

### **Oryoki for General Students**

On Saturday, July 16th, general students who attend the 6:00 a.m. formal sitting may participate in oryoki practice led by Jinmyo osho. Please register one week in advance by sending an email to schedule at wwzc dot org or leave a message on the Zen Centre office answering machine at 613-562-1568. Associate or visiting public students who are in retreat at the monastery on that day may also participate in oryoki.

## **Recorded Teisho Schedule**

Sunday, June 26th, 2011 formal sitting: SAKN "The Drift of Meaning" by Zen Master Anzan Hoshin: "Speaking, Seeing, Feeling, Meaning" (teisho 3 of 7)

Monday, June 27th, 2011 general sitting: Round and Bright: Zen Master Anzan Hoshin's Commentaries on Koun Ejo zenji's "Komyozo Zanmai: "Round and Bright" (teisho 22 of 22)

Thursday, June 30th, 2011 associate sitting: "Standing Clear": Dharma Talk by Ven. Jinmyo Renge osho-ajari

### **Upcoming Dharma Talks:**

On Saturday, June 25th, 2011, Ven. Shikai Zuiko o-sensei will present "Coming to Someone's Door", Dharma Talk 104 in the ongoing series "Every Breath You Take": Ven. Shikai Zuiko sensei's Comments on "The Practice of Purity": Book Eleven of the Avatamsaka Sutra Translated by Ven. Anzan Hoshin roshi and Ven. Shikai Zuiko sensei.

On Saturday, July 2nd, 2011, the 105th Dharma Talk in the series "Every Breath You Take", "Entering A House" will be presented by Shikai sensei.

### **Current Dharma Talk:**

On Saturday, June 4th, 2011, Ven. Shikai Zuiko o-sensei presented Dharma Talk 103, "Entering a Village to Beg for Alms" in the ongoing series "Every Breath You Take": Ven. Shikai Zuiko sensei's Comments on "The Practice of Purity": Book Eleven of the Avatamsaka Sutra Translated by Ven. Anzan Hoshin roshi and Ven. Shikai Zuiko sensei.

### **Missed Sitzings and Teisho**

Teisho presented at general and associate sittings which are part of a series need to be listened to in the correct order and with none missed out. If a student misses a sitting then it's necessary to borrow a copy of the missed teisho from the library or download it from the WWZC Media Site as soon as possible, so that the continuity of what is being presented is not disrupted. The weekly list of recorded teisho played at sittings is posted on the web site at <http://www.wwzc.org/book/teisho-schedule>

### **Retreats and Training Sessions**

Alex Tzelnic, associate public student, visiting from Massachusetts, started a two and a half day retreat starting at 7:30 p.m. on Thursday, June 23rd, ending at 8:00 a.m. on Sunday, June 26th. Steven Karcz, probationary deshi in Saskatoon, sat a two day retreat at home on Saturday June 18th and Sunday June 19th.

### **To Schedule a Retreat**

Please visit this Web page for information about scheduling a retreat and an explanation of the different kinds of retreat (duration and timing) you can sit: <http://www.wwzc.org/book/schedule-retreat>

## **Who, What, Where, When, & Why? Unfolding the "Mystery" of Monastery Objects by Shikai Zuiko o-sensei**



*Photograph by Nathan Comeau*

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This view into the Kaisando, the Founder's Hall, shows Anzan Hoshin roshi's seat, the blue zafu and zabuton, from which he gives dokusan to monks and formal students. They exit the Hatto from the door to the left, strike once on the umpan (cloud gong) which hangs to the right of the entrance door to the Kaisando. When the Roshi strikes the gong once, the student opens the door and this is what they see. The student bows in the open doorway, enters, closes the door, and practises a standing bow if they are a deshi, a single Great Bow if they are a laymonk, or three Great Bows if they are a monastic, and takes their seat. Students are given a seiza bench for their comfort and ease because dokusan might last five minutes or an hour and a half depending upon what is being considered.

## **Media Site Update**

The old media site at <http://wwzc.net> has been merged into the main site at <http://wwzc.org>. Your username and password remains the same.

To access the recorded Teachings go to the "Student Login" section at the right of the WWZC home page on <http://wwzc.org> and enter your login credentials in the text fields provided. If you have forgotten your password, you can request a new password by clicking the "Request New Password" link. You will receive an email with a reset link that you can use to change your password.

## Current work in the grounds

Here is a list of the work we currently need to do in the grounds. If you would like to offer samu towards assisting with any of this over the next couple of weeks your help will be much appreciated:

The Bittersweet climber needs to be cut back. Even though the variety of Bittersweet we have is not the extremely invasive type, this one is very vigorous and needs taming.

The indestructible patch of Japanese knot weed on the east side is growing back and needs to be cut back.

The Euphorbia patch in the front garden is overrun and being crowded out with weeds and needs a hour or two of attention. There is plenty of other weeding to keep up with.

The large cedar on the right of the front garden needs a few more branches removed from the bottom, which will open up the right side of the garden, allow for more planting and a better view of the water garden.

The new west border needs weeding and planting.

The climbing Hydrangea on the west wall was blown down recently during a storm and needs help to re-attach itself to the wall, possible with the addition of some trellis.

Please contact Saigyo chiden at saigyo dot cross at gmail dot com if you have any time to help with these projects

## Monastery Roofs

Over the last years several areas of the roofs of Dainen-ji have been re-tiled. In 2005 the west section facing Friel Street was completed and then in 2007 the east side. What remains to be done is the front sections facing Daly Avenue and the flat roofs. Although the tiles on the front section of the roofs are beginning to lift this is not an immediate concern due to the very steep pitch (unusually so in Ottawa) of the roof. Snow, debris and rain tend to come off the roofs quickly and so there are still at least two or three more years left in these tiles.

The flat roofs are becoming a problem however. The covered balcony roof has leaked regularly in the last years and during the thaw last spring was quite bad. The attic flat roof has also leaked on and off but because there was no ceiling to the room this has never been much of a problem. A couple of buckets and some time to dry out has taken care of it. But now that we are nearing the completion of the attic conversion into the new archiving room the need to get this flat roof redone is pressing. A finished ceiling means any problem won't be noticed until potentially it's quite a big one. The bay window in Shikai sensei's room facing the ponds has also leaked in the past and like the other bay windows has been repaired with coats of patching compound by the shissui.

So this year we have decided to redo all of the flat sections of roof of Dainen-ji. This will include the covered balcony roof, the main flat section of roof above the attic, the three bay window roofs including the one above the window in the first floor library. After meeting with three roofing contractors for quotes, the total cost will be in the region of \$16,000 to get this work done. We are asking students to help contribute for this over the coming months so that we can schedule the work for late Autumn or sooner.

Thank you for the generous contributions to date. As of June 22nd, 2011, \$6,150 of the needed \$16,000 has been raised for the roof improvement project.



### **Office of the Tenzo**

Dogen zenji taught that the work of preparing and serving meals was "a matter for realized monks who have the mind of the Way or by senior disciples who have roused the Way-seeking mind." In alignment with this, part of Zen Master Anzan Hoshin's samu for the Community involves personally overseeing the activities of the ancient office of tenzo. Jinmyo Renge osho serves as tenzo and Mishin tando and Saigyō chiden offer assistance as tenzo-anja.

#### **Monday yakuseki:**

Biryani: white onion, rice, cubed potatoes, shitake and cremini and oyster mushrooms, shishito green chiles, turmeric, cayenne, cumin, cardamom fried with butter; mug of tamarind soup (tamarind paste, soy sauce, mirin, ngoc mam); sag paneer: spinach leaves, roots, and stems, fried with cubed paneer (fresh pressed cheese) in butter, lemon, and garlic.

#### **Tuesday yakuseki:**

Sliced rib and t-bone steaks, marinated in soy sauce, sesame oil, bulgogi sauce, then seared on the griddle; pajeon: green onion pancakes with kimchi juice in the batter; gojuchang broth with red pepper doenjang (miso) paste, soy sauce, ngoc man, slivered ginger, and whole cremini mushrooms; salad of chopped romaine, radicchio, kkukdugi kimchi (cubed daikon), shaved white onion, chopped hot house tomatoes, lobster and crab flavoured surimi dressed with memmi, sesame oil, lime juice, wasabi.

#### **Thursday yakuseki:**

Chickenless noodle soup: white onion, garlic, celery, Asian celery, baby carrots, in a broth of white wine, Dijon mustard, extra virgin olive oil, turmeric, sage, rosemary, thyme, tarragon, with artisanal fettucine; squares of baked egg frittata with sauteed white onion and white mushrooms, hothouse tomatoes, topped with Fruilano cheese, served at room temperature;



salad of romaine lettuce, seeded English cucumber, bocconcini (fresh mozzarella balls), cherry tomatoes, with a balsamic dressing.



## Thank You

If you would like to thank someone for a contribution they have made, please feel free to send an email to Jinmyo osho at rengezo at Gmail dot com, but be sure to type "eMirror" in the subject line.

### **From Shikai sensei:**

Thank you to: Chiso anagarika for a "CitiKitty:Cat Toilet Training Kit" and the best fish food; Ryoshin for a device that speedily transfers photographs to digital and another that transfers slides and negatives to USB without going through the computer; Graham Mayeda for a super modern electric replacement water kettle for the dining hall (with temperature control! ); Nathan for a cable for the Nikon camera to transfer images to the computer; Alex Tzelnic for transporting the kitty and fish presents; Diane Smith for the loan of "Buddha Mind in Contemporary Art".

### **From Saigyo chiden:**

Thank you to the Roshi for the wonderful teisho series "Round and Bright: Commentaries on Koun Ejo zenji's 'Komyozo Zanmai'" presented at the Monday evening general sittings and for new glasses for the 3rd floor Common Room. Thank you to the Roshi or Shikai sensei for turning the waterfalls back on each time the local raccoons step on the pond float switch, turning them off. To Jinmyo osho for making her Eurocom computer available for use in the kitchen and for excellent coffee. Thank you to Graham Mayeda for dozens of hours of samu these last weeks to work in the attic and for shissui administration. To Nathan Comeau for taking the photographs for the "Who, What, Where, When, & Why?" article in the eMirror each week. Thank you to Sarah Goul, Neil Porter, Diane Smith, Francois Fournier and Peter McRae for samu.

### **From Nathan Comeau:**

Thank you to Chunen ino for leading oryoki with as few pauses as possible, a pace that was really fun to align with and for demonstrating lightness and humour.

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## **Bendowa eBook Available**

This translation by Ven. Anzan Hoshin roshi and Ven. Yasuda Joshu roshi, over thirty years in the making, of Eihei Dogen zenji's "Bendowa: A Talk on Exerting the Way" is available as an ebook in PDF format for free download from the web site. The Roshi has made it available under a Creative Commons license so everyone is free to copy and distribute it as long as it is not for commercial purposes, proper attribution is maintained, and the text is unaltered. The ebook is extensively annotated and provides the Japanese text. This text was the basis of the Roshi's teisho series, "Drawn In, Moving Forth: Commentaries on Eihei Dogen zenji's Bendowa: A Talk on Exerting the Way." Many thousands of copies of this PDF have been downloaded so far. Although we would like to convert it to mobi and ePub formats as well, the Japanese text becomes garbled.

Download it here: <http://www.wwzc.org/translations/Bendowa-book.pdf>

## **Freedom and Tyranny eBook Available**

"Freedom and Tyranny: A series of Dharma Talks and Zen Mondo presented by Ven. Shikai Zuiko osho", is now available for free download as a PDF on the Great Matter page at <http://www.wwzc.org/node/64>. This paperback publication has recently sold out and Shikai sensei has generously proposed that it be made available as a free ebook. Everyone is free to copy and distribute it as long as it is not for commercial purposes, proper attribution is maintained, and the text is unaltered.

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## **Ongoing Project: "All is Change"**

Dainen-ji, being a 136-year-old building, is continuously in need of maintenance and the costs associated with this can be astronomical when such things as roof repairs or painting are needed. This is something that we cannot afford to do, yet must do and so the "All is Change" project has been created. The "All is Change" project is very simple. Most of us have a bowl or a jar or some other kind of container that we keep somewhere at home and fill up with loose change because it's too heavy to carry around. Many hundreds of dollars has been collected so far both in loose change and Canadian tire money which has been put towards the building maintenance fund. If anyone would like to contribute to this fund, each penny will be appreciated.