



*photograph by Nathan Comeau
of an object arrangement in the Hatto by Ven. Anzan Hoshin roshi*

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Friday, April 29th, 2011

Edited by Ven. Jinmyo Renge osho

Quotes from teisho are run sequentially in the eMirror

And now this section of the Xinxin Ming concludes with:

93 眼若不睡 諸夢自除

Yan jo pu-shui, chu-meng tzu ch'u.

Yan ruo bushui, zhumeng zi chu.

Manako moshi nemurazareba, shōmu onozukara nozoku.

Without closed eyes,
all dreams naturally cease.

Open your eyes and see who you are.

Open both eyes, both ears, feel with the fingers and toes and knees and belly and neck, smell the incense in the air and the sweat in your clothes, and just sit right here. Let the whole body and mind be an open eye, the clear Shobogenzo, the True Eye of Utter Reality. Whether your eyes are open or closed, whether you are awake or asleep or dreaming, practice the lucidity of being completely and whole bodily present.

Do not dream away your life in the fitful slumber of contraction.

Open your eyes and see who you are.

Please, this evening, enjoy yourselves.

- Ven. Anzan Hoshin roshi, concluding teisho 13: "Satori and Fleurs de Mal," from the series "Without Difficulty: Commentaries on Jianzhi Sengcan's Xinxin Ming: Words on Trusting Awareness," Monday, May 15th, 2006. (If strange characters instead of 漢字 hanji or kanji appear this means that you need to enable UTF-8 in your Character Encoding settings.)

Upcoming Events

Fusatsu

Chanting of the Precepts will take place on May 4th and 18th.

Introduction to Zen Workshop

The next Introduction to Zen Workshop will take place at Dainen-ji on Saturday, May 7. For more information please see:

<http://www.wwzc.org/content/introduction-zen-workshop-ottawa>

For information concerning our Long-distance Training Program, please visit this Web Page:

<http://www.wwzc.org/book/long-distance-training-program>

Hermitage

The Roshi will begin a period of hermitage on Wednesday, May 4th, which will end on Sunday, May 8th when he leads monastics in Acalanatha Sadhana.

Sogaku-ki O-sesshin

The Sogaku-ki O-sesshin will begin at 8:00 p.m. on Friday, May 13th, and will end on Friday, May 20th, at noon. Formal students are reminded to send their schedules to schedule at wwzc dot org as soon as is possible.

During the O-sesshin, there will be two sittings held in the Zendo on Saturday, May 14th, which associate and general students may attend. The first sitting begins at 9:30 a.m. (please arrive by 9:15 in time for first Bell); the sitting ends at 11:30. The second sitting begins at 3:00 (please arrive by 2:45 in time for first Bell); the sitting ends at 5:00. Students attending either of these sittings are reminded to remain on the first floor.

A Note to Preliminary and Public Students Concerning O-sesshin

During an O-sesshin the schedule is such that there is no time to meet face to face with preliminary students or to reply to email correspondence sent by public students. Public students are asked to send their weekly practice journals, as they will be reviewed. But unless there is something that needs an immediate reply, you will not receive an email reply until the week following the O-sesshin.

Sogaku-ki

May 18th is the memorial for the death of Sogaku Myoshin Hakukaze daiosho.

Oryoki for General Students

On Saturday, May 21st, general students who attend the 6:00 a.m. formal sitting may participate in oryoki practice led by Jinmyo osho. Please register one week in advance by sending an email to schedule at wwzc dot org or leave a message on the Zen Centre office answering machine at 613-562-1568. Associate or visiting public students who are in retreat at the monastery on that day may also participate in oryoki.

Fudo ennichi

May 28th is a day traditionally dedicated to Fudo Myo-o.

Samu Weekend

The next Samu Weekend is scheduled to take place on Saturday, May 28th and Sunday, May 29th. Please pencil these dates into your diary so that you will be able to attend some or all of this weekend of samu practice. Saigyo chiden will be writing soon to students with more details about the activities taking place over the weekend. To register please send an email to Saigyo chiden at saigyo at telecomottawa dot net or leave a message on the Zen Centre office answering machine at 613-562-1568.

Recorded Teisho Schedule

Saturday, April 30, 2010 general sitting: "Amusement": Dharma Talk 5 in the series "Every Breath You Take: Ven. Shikai Zuiko o-sensei's Comments on "The Practice of Purity": Book Eleven of the Avatamsaka Sutra Translated by Ven. Anzan Hoshin roshi and Ven. Shikai Zuiko o-sensei"

Monday, May 2, 2010 general sitting: "Round and Bright: Zen Master Anzan Hoshin's Commentaries on Koun Ejo zenji's "Komyozo Zanmai: "The Familiar is Strange, the Strange is Familiar" (teisho 15 of 22).

Thursday, May 5, 2010 associate sitting: "Hempen: Bits and Pieces": Dharma Talk on the occasion of Shiho by Ven. Jinmyo osho

Upcoming Dharma Talk

On Saturday, May 21st, 2011, Ven. Shikai Zuiko o-sensei will present "Seeing Someone in a Forest", Dharma Talk 102 in the series "Every Breath You Take: Ven. Shikai Zuiko o-sensei's Comments on "The Practice of Purity": Book Eleven of the Avatamsaka Sutra Translated by Ven. Anzan Hoshin roshi and Ven. Shikai Zuiko o-sensei".

Missed Sitzings and Teisho

Teisho presented at general and associate sittings which are part of a series need to be listened to in the correct order and with none missed out. If a student misses a sitting then it's necessary to borrow a copy of the missed teisho from the library or download it from the WWZC Media Site as soon as possible, so that the continuity of what is being presented is not disrupted. The weekly list of recorded teisho played at sittings is posted on the web site at <http://www.wwzc.org/book/teisho-schedule>

Retreats and Training Sessions

Deshi Steven Karcz from Saskatoon started a five week period of retreats and residential training on Wednesday April 27th; Associate Public Student Mark Hugo from Toronto started a 2 day retreat at 11:30 a.m. on Friday, April 29th; Associate Public Student Sarah Goul started a one day retreat at 7:30 p.m. on Friday, April 29th.

To Schedule a Retreat

Please visit this Web page for information about scheduling a retreat and an explanation of the different kinds of retreat (duration and timing) you can sit:

<http://www.wwzc.org/book/schedule-retreat>

Hojo renovation - Update

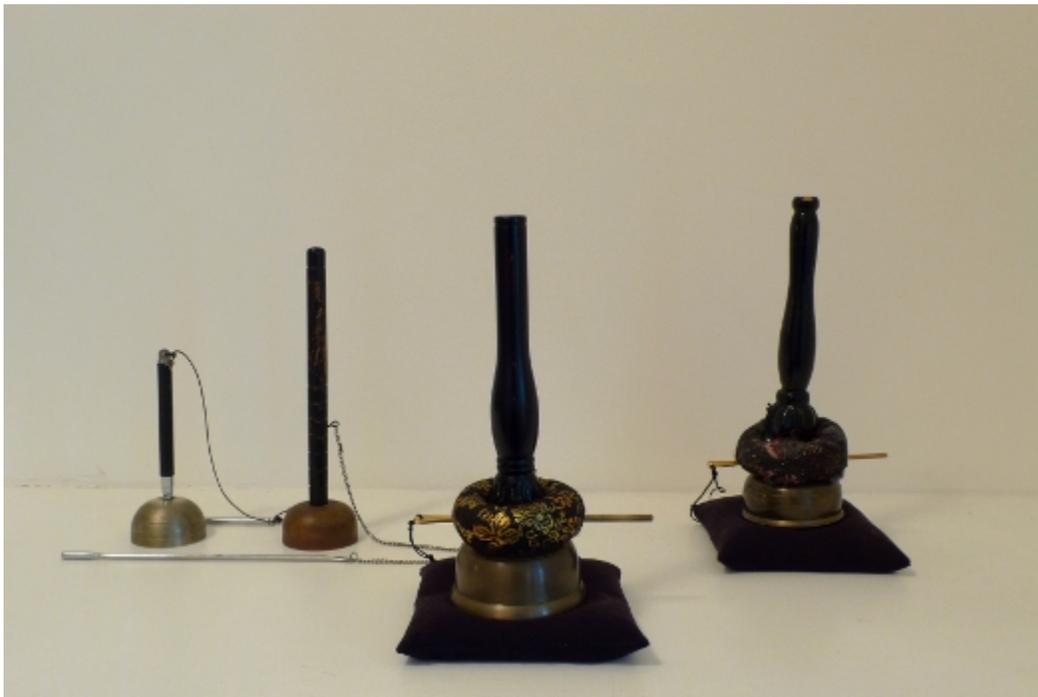
Work in the Hojo is going well. The majority of the painting is completed in the office

and work begins to paint the main room over the weekend. The new air conditioning unit will be installed over the next two days. We are planning for the Roshi to be able to move back into the Hojo on Tuesday and Wednesday of next week.

The new air conditioning unit will replace a pair of noisy window units. A very generous donation from a monastic enabled us to hire a company to install the outside unit with an internal blower which will be much more efficient and almost silent. Until the work is finished and the Roshi is back in the Hojo there will be no access to the second floor for students.

If you would like to make a contribution towards the materials needed to repaint and make repairs to the Hojo it would be greatly appreciated.

Who, What, Where, When, & Why? Unfolding the “Mystery” of Monastery Objects by Shikai Zuiko o-sensei



photograph by Nathan Comeau

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Inkin are small hand held gongs used to punctuate chanting practices in Japan. At Dainen-ji inkin are struck to signal during bowing as well as for punctuation in certain sutras. Inkin are found in a variety of styles; as illustrated by the two inkin to the right some of the bowl shaped bells have a cushion between the bell and the stick by which the inkin is held. A metal striker is attached to the handle by a cord. Some inkin such as the two shown to the left in the back have no cushion. The tone of inkin is high pitched and penetrating. The inkin on the

extreme left which is now used in the dining hall has an extendable handle; the perfect travel size inkin, it has gone with me and rung out in workshops from coast to coast in Canada, the U.S.A. and Europe.

Spring Grounds Work

With the arrival of spring there is much work to do in the grounds and so any assistance with this would be much appreciated. If you would like to offer any time in the grounds please write to Saigyo chiden at saigyo.cross at gmail dot com. Thank you.

Monastery Roofs

Over the last years several areas of the roofs of Dainen-ji have been re-tiled. In 2005 the west section facing Friel Street was completed and then in 2007 the east side. What remains to be done is the front sections facing Daly Avenue and the flat roofs. Although the tiles on the front section of the roofs are beginning to lift this is not an immediate concern due to the very steep pitch (unusually so in Ottawa) of the roof. Snow, debris and rain tend to come off the roofs quickly and so there are still at least two or three more years left in these tiles.

The flat roofs are becoming a problem however. The covered balcony roof has leaked regularly in the last years and during the thaw last spring was quite bad. The attic flat roof has also leaked on and off but because there was no ceiling to the room this has never been much of a problem. A couple of buckets and some time to dry out has taken care of it. But now that we are nearing the completion of the attic conversion into the new archiving room the need to get this flat roof redone is pressing. A finished ceiling means any problem won't be noticed until potentially it's quite a big one. The bay window in Shikai osho's room facing the ponds has also leaked in the past and like the other bay windows has been repaired with coats of patching compound by the Shissui.

So this year we have decided to redo all of the flat sections of roof of Dainen-ji. This will include the covered balcony roof, the main flat section of roof above the attic, the three bay window roofs including the one above the window in the first floor library. After meeting with three roofing contractors for quotes, the total cost will be in the region of \$16,000 to get this work done. We are asking students to help contribute for this over the coming months so that we can schedule the work for late Autumn or sooner.

Thank you for the generous contributions to date. As of April 27th, 2011, \$5,800 of the needed \$16,000 has been raised for the roof improvement project.

ひとつ こう たしょう はか か らいしょ はか
一には功の多少を計り、彼の来処を量る。

*"This meal arises from the labour of all beings,
May we remember their offering."*

Office of the Tenzo

Dogen zenji taught that the work of preparing and serving meals was "a matter for realized

monks who have the mind of the Way or by senior disciples who have roused the Way-seeking mind." In alignment with this, part of Zen Master Anzan Hoshin's samu for the Community involves personally overseeing the activities of the ancient office of tenzo. Jinmyo Renge osho serves as tenzo and Mishin tando and Saigyo chiden offer assistance as tenzo-anja.

Monday yakuseki:

Large "gnocchi" shell pasta with a butter and garlic sauce, black beans and pigeon peas, with grated parmesan; puffed aburage tofu braised in tomato stew with white onion, garlic, San Marzano tomatoes, passata, red wine, basil, oregano, thyme, and pepperoncino; salad of celery, Middle Eastern heritage cucumbers, romaine lettuce, and pitted black olives with a balsamic vinaigrette.

Tuesday yakuseki:

Slices of boneless pork rib roasts with cumin and thyme; Yukon Gold mashed potatoes with butter, buttermilk, cream, and Dijon mustard; roasted portobello mushroom caps topped with Fruilano cheese; petit pois with butter..

Thursday yakuseki:

Cottage pie: sauteed oyster, shitake, eryngi, cremini, and portobello mushrooms, white onion, garlic, Chinese celery, garlic, porcini paste, "chicken" ground soy, peas topped with mashed potatoes, garnished with Fruilano cheese and panko (Japanese bread crumbs) and baked; buttered miniature carrots; sauteed spinach with butter and parmesan.

From Shikai sensei:

Walnut shortbread; brown sugar "diversity" cookies; "brownie bites"



Thank You

If you would like to thank someone for a contribution they have made, please feel free to send an email to Jinmyo osho at rengo at Gmail dot com, but be sure to type "eMirror" in the subject line.

From Anzan roshi:

My thanks to Saigyo chiden for his work in having a new air cooling and heating system installed in the Hojo; to Chunen ino and Mishin tando for assisting him; to Muryo and Graham for their efforts; to all who carried around three dozen new igneous stones to the monastery grounds; to all for their patience for any disruptions these recent renovations have been.

From Shikai sensei:

Thank you to Chunen ino for organizing a room for a deshi engaging in residential training and Nathan for fetching and carrying; to Ryoshin for a chocolate bunny and a trip to see "Born to be Wild" an iMax film at the Museum of Civilization about orphaned elephants and primates; to Doug Somers for bringing design magazines from Australia; to Peter McRae for the "Walrus" and cat treats; to all the students over the years who have worked with the Shissui to plant bulbs, plants, shrubs, and trees so that in the dark of early morning blood root blossoms glow followed by tiny tulips, grape narcissus, snowdrops, and buds, buds, buds.

From Mishin tando:

Thank you to the Roshi and Jinmyo osho for preparing lunch and dinner on the weekend for

monks and residents helping with Hojo renovations and rock moving; to Francois Fournier, Gillian Higenbottam, and Kent Swinbourne for archiving samu to develop and test instructions that any students can use to help with converting teisho from CD to FLAC.

From the Office of the Treasurer:

Thank you to Margaret McGarry, Charles O'Hara, and Nathan Krahn for donations towards the Hojo renovations and the roof repair project.

Bendowa eBook Available

A new translation by Ven. Anzan Hoshin roshi and Ven. Yasuda Joshu roshi, over thirty years in the making, of Eihei Dogen zenji's "Bendowa: A Talk on Exerting the Way" is available as an ebook in PDF format for free download from the web site. The Roshi has made it available under a Creative Commons license so everyone is free to copy and distribute it as long as it is not for commercial purposes, proper attribution is maintained, and the text is unaltered. The ebook is extensively annotated and provides the Japanese text. This text was the basis of the Roshi's teisho series, "Drawn In, Moving Forth: Commentaries on Eihei Dogen zenji's Bendowa: A Talk on Exerting the Way."

Download it here: <http://www.wwzc.org/translations/Bendowa-book.pdf>

Freedom and Tyranny eBook Available

"Freedom and Tyranny: A series of Dharma Talks and Zen Mondo presented by Ven. Shikai Zuiko osho", is now available for free download as PDF on the Great Matter page at <http://wwzc.org/node/64>. This paperback publication has recently sold out and Shikai sensei has generously proposed that it be made available as a free ebook. Everyone is free to copy and distribute it as long as it is not for commercial purposes, proper attribution is maintained, and the text is unaltered.

Ongoing Project: "All is Change"

Dainen-ji, being a 136-year-old building, is continuously in need of maintenance and the costs associated with this can be astronomical when such things as roof repairs or painting are needed. This is something that we cannot afford to do, yet must do and so the "All is Change" project has been created. The "All is Change" project is very simple. Most of us have a bowl or a jar or some other kind of container that we keep somewhere at home and fill up with loose change because it's too heavy to carry around. Many hundreds of dollars has been collected so far both in loose change and Canadian tire money which has been put towards the building maintenance fund. If anyone would like to contribute to this fund, each penny will be appreciated.

