



*photograph by Nathan Comeau
of an object arrangement in the Hatto by Ven. Anzan Hoshin roshi*

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Friday, April 22nd, 2011

Edited by Ven. Jinmyo Renge osho

*The White Wind Zen Community:
An international community practising and teaching Dogen's Zen since 1985.*

Quotes from teisho are run sequentially in the eMirror

The text continues:

91 得失是非 一時放卻
Te-shih, shih-fei, i-shih fang-chüeh.

Deshi, shifei, yishi fangque.
Tokushitsu, zehi, ichiji ni hōkyaku seyo.

Gain and loss, right and wrong;
release all this at once.

When you lose your sense of gain and loss you gain the loss of a great weight. Self-image is always trying to make itself substantial by collecting things, by gathering acquisitions, by piling up opinions and attitudes based on its value system of hope and fear, gain and loss.

A couple of decades ago someone came to ask how much doing this practice would cost them. I said, "Everything."

Carrying around a sense of poverty that always wants to get something, that measures out the cost of bending down to pick up a loose thread on the floor or taking the time to actually dry a cup so that it is dry is such hard work.

Just release it and be without difficulty.

- Ven. Anzan Hoshin roshi, beginning teisho 13: "Satori and Fleurs de Mal," from the series "Without Difficulty: Commentaries on Jianzhi Sengcan's Xinxin Ming: Words on Trusting Awareness," Monday, May 15th, 2006. (If strange characters instead of 漢字 hanji or kanji appear this means that you need to enable UTF-8 in your Character Encoding settings.)

Upcoming Events

With mindfulness of the sufferings and deaths
of a vast range of numberless beings
due to the recent earthquake and Tsunami events
and the vulnerability of all beings
Ven. Anzan Hoshin roshi will do Chuu-jo for them
and the monastics of the Northern Mountain Order
will join in this process by daily chanting of the Komyo Shingon
until Friday, April 29th.

This process began with the Komyo Shingon being chanted
during the opening of all sessions of zazen of the March 2011 Sesshin.

Fusatsu

Chanting of the Precepts will take place on May 4th.

April Dharma Assembly Cancelled

From April 17th until possibly May 4th, work will be done in the Hojo to install an external air conditioning unit as well as complete some repairs and painting. This will also involve the second-floor Osho-ryo and Shuryo. Owing to this, the Dharma Assembly that was scheduled to take place on Saturday, April 23rd has been cancelled.

Introduction to Zen Workshop

The next Introduction to Zen Workshop will take place at Dainen-ji on Saturday, May 7. For more information please see:

<http://www.wwzc.org/content/introduction-zen-workshop-ottawa>

For information concerning our Long-distance Training Program, please visit this Web Page:

<http://www.wwzc.org/book/long-distance-training-program>

Hermitage

The Roshi will begin a period of hermitage on Wednesday, May 4th, which will end on Sunday, May 8th when he leads monastics in Acalanatha Sadhana.

Recorded Teisho Schedule

Saturday, April 23, 2010 general sitting: "Goals": Dharma Talk 4 in the series "Every Breath You Take: Ven. Shikai Zuiko o-sensei's Comments on "The Practice of Purity": Book Eleven of the Avatamsaka Sutra Translated by Ven. Anzan Hoshin roshi and Ven. Shikai Zuiko o-sensei"

Sunday, April 24, 2010 formal sitting: SAKN "Releasing" by Zen Master Anzan Hoshin: "Five Ways of Working with States" (teisho 3 of 4)

Monday, April 25, 2010 general sitting: Round and Bright: Zen Master Anzan Hoshin's Commentaries on Koun Ejo zenji's "Komyozo Zanmai: "Sun Face, Moon Face" (teisho 14 of 22)

Thursday, April 28, 2010 associate sitting: "Expect to be Surprised": Dharma Talk by Ven. Jinmyo Renge osho-ajari

Upcoming Dharma Talk

On Saturday, May 21st, 2011, Ven. Shikai Zuiko o-sensei will present "Seeing Someone in a Forest", Dharma Talk 102 in the series "Every Breath You Take: Ven. Shikai Zuiko o-sensei's Comments on "The Practice of Purity": Book Eleven of the Avatamsaka Sutra Translated by Ven. Anzan Hoshin roshi and Ven. Shikai Zuiko o-sensei".

Missed Sitzings and Teisho

Teisho presented at general and associate sittings which are part of a series need to be listened to in the correct order and with none missed out. If a student misses a sitting then it's necessary to borrow a copy of the missed teisho from the library or download it from the WWZC Media Site as soon as possible, so that the continuity of what is being presented is not disrupted. The weekly list of recorded teisho played at sittings is posted on the web site at <http://www.wwzc.org/book/teisho-schedule>

To Schedule a Retreat

Please visit this Web page for information about scheduling a retreat and an explanation of the different kinds of retreat (duration and timing) you can sit:

<http://wwzc.org/book/schedule-retreat>

Hojo renovation

Over the next two weeks work will be done to install a new air conditioning system in the Hojo. Previously the Roshi had used a pair of noisy window units to keep the Abbot's Offices cool. A very generous donation from a monastic has enabled us to hire a company to install an outside unit with an internal blower which will be much more efficient and almost silent. At the same time as the installation of this unit we shall be using the opportunity to repaint the Hojo. The Roshi will be moving to the Osho-ryo, Jinmyo osho will be moving to the Shuryo and, as a consequence until further notice all sittings will be held in the Zendo. During this time there will be no access to the second floor for students. Thank you for your cooperation.

If you would like to make a contribution towards the materials needed to repaint and make repairs to the Hojo it would be greatly appreciated.

Who, What, Where, When, & Why? Unfolding the "Mystery" of Monastery Objects

by Shikai Zuiko o-sensei



photograph by Nathan Comeau

This antique Japanese kongo-rei (or ghante in Sanskrit), "leadership" bell which sits at the Hoza, the Abbot's seat in the Hatto, was a gift to the Roshi from the Reverend Mori Chiso Tzelnic, anagarika. The ghante is used to mark certain passages during sadhana. The pealing of the bell traditionally represents the prajna (e) or direct insight into sunyata (ku) or emptiness.

Monastery Roofs

Over the last years several areas of the roofs of Dainen-ji have been re-tiled. In 2005 the west section facing Friel Street was completed and then in 2007 the east side. What remains to be done is the front sections facing Daly Avenue and the flat roofs. Although the tiles on the front section of the roofs are beginning to lift this is not an immediate concern due to the very steep pitch (unusually so in Ottawa) of the roof. Snow, debris and rain tend to come off the roofs quickly and so there are still at least two or three more years left in these tiles.

The flat roofs are becoming a problem however. The covered balcony roof has leaked regularly in the last years and during the thaw last spring was quite bad. The attic flat roof has also leaked on and off but because there was no ceiling to the room this has never been much of a problem. A couple of buckets and some time to dry out has taken care of it. But now that we are nearing the completion of the attic conversion into the new archiving room the need to get this flat roof redone is pressing. A finished ceiling means any problem won't be noticed until potentially it's quite a big one. The bay window in Shikai osho's room facing the ponds has also leaked in the past and like the other bay windows has been repaired with coats of patching compound by the Shissui.

So this year we have decided to redo all of the flat sections of roof of Dainen-ji. This will include the covered balcony roof, the main flat section of roof above the attic, the three bay window roofs including the one above the window in the first floor library. After meeting with three roofing contractors for quotes, the total cost will be in the region of \$16,000 to get this work done. We are asking students to help contribute for this over the coming months so that we can schedule the work for late Autumn or sooner.

Thank you for the generous contributions to date. As of April 13th, 2011, \$3,800 of the needed \$16,000 has been raised for the roof improvement project.

ひとつ こう たしょう はか か らいしょ はか
一 には功の多少を計り、彼の来処を量る。

*"This meal arises from the labour of all beings,
May we remember their offering."*

Office of the Tenzo

Dogen zenji taught that the work of preparing and serving meals was "a matter for realized monks who have the mind of the Way or by senior disciples who have roused the Way-seeking mind." In alignment with this, part of Zen Master Anzan Hoshin's samu for the Community involves personally overseeing the activities of the ancient office of tenzo. Jinmyo Renge osho serves as tenzo and Mishin tando and Saigyo chiden offer assistance as tenzo-anja.

Monday yakuseki:

Ziti with salsa fresca: chopped hot house and plum tomatoes, Asian celery, parsley, with extra virgin olive oil and grated parmesan; faux "beef" gardein strips and sliced white onion braised in red wine, soy sauce, HP and Worcestershire sauces; sauteed dai gai choy (mustard greens) with Dijon mustard, butter, and grated parmesan.

Tuesday yakuseki:

Everyone was either ill or recovering from the bad flu that is making its way through Ottawa so we set up a mixture of calrose and arborio rice in a rice cooker, a miso broth (kombu dashi, miso, slivered ginger), and ginger tea on the stove for anyone to take throughout the day.

Thursday yakuseki:

Cantonese noodles in a wonton style broth with slivered ginger and sheets of kim (ori, seaweed); roasted atsuage tofu triangles with a Chinese barbecue sauce; stir-fried Shanghai bok choy with lime.

From Shikai sensei:

Fruit crisp; 24 hour bread; oatmeal shortbread; maple chili marshmallows

**Thank You**

If you would like to thank someone for a contribution they have made, please feel free to send an email to Jinmyo osho at rengo at Gmail dot com, but be sure to type "eMirror" in the subject line.

From Shikai sensei:

Thank you to; the Roshi for loading up the Kindle ebook reader with books he knows would encourage me to use the item; Chunen ino for giving me the Kindle; Michael Hammond, a student in P.E.I. for rescuing a kitten from beside a highway and for introducing me to the collective noun "clowder", a group of cats.

From the Office of the Treasurer:

Thank you to Chiso anagarika for a donation towards medical expenses for the Roshi.

From Mishin tando:

Thank you to the Roshi for leading Fusatsu on Wednesday even while unwell; to the Roshi and Jinmyo osho for ginger tea and broths for monks and residents who had the flu; to Francois Fournier and Gillian Higenbottam for archiving samu.

From Saigyo chiden:

Thank you to the Roshi for planning the layout of the new rocks in the grounds. Thank you to Shikai sensei for elegant plant markers for the grounds and to Jinmyo osho for making the second floor Osho-ryo available for the Roshi whilst the current renovations in the Hojo are underway. Thank you to Neil Porter and Francois Fournier for samu and to Diane Smith for drawing up a plan of the southeast corner of the property to use for designing a new fence and gate at this area. To Chunen ino, Graham Mayeda, Nathan Comeau, Senbo and Curtis Cheslock for work to transport rocks to the monastery grounds and to Helene Caron for the gift of these many handsome rocks from her garden to use at the monastery.

From Allison Tardi:

Thank you to everyone who was involved with adding the links at the bottom of every one of the talks in the "Every Breath You Take" series. The links allow you to go to directly to the next Dharma talk in the series and has made it so much easier to read these on a mobile device. It is much appreciated.

Bendowa eBook Available

A new translation by Ven. Anzan Hoshin roshi and Ven. Yasuda Joshu roshi, over thirty years in the making, of Eihei Dogen zenji's "Bendowa: A Talk on Exerting the Way" is available as an ebook in PDF format for free download from the web site. The Roshi has made it available under a Creative Commons license so everyone is free to copy and distribute it as long as it is not for commercial purposes, proper attribution is maintained, and the text is unaltered. The ebook is extensively annotated and provides the Japanese text. This text was the basis of the Roshi's teisho series, "Drawn In, Moving Forth: Commentaries on Eihei Dogen zenji's Bendowa: A Talk on Exerting the Way."

Download it here: <http://www.wwzc.org/translations/Bendowa-book.pdf>

Freedom and Tyranny eBook Available

"Freedom and Tyranny: A series of Dharma Talks and Zen Mondo presented by Ven. Shikai Zuiko osho", is now available for free download as PDF on the Great Matter page at <http://wwzc.org/node/64>. This paperback publication has recently sold out and Shikai sensei has generously proposed that it be made available as a free ebook. Everyone is free to copy and distribute it as long as it is not for commercial purposes, proper attribution is maintained, and the text is unaltered.

Ongoing Project: "All is Change"

Dainen-ji, being a 136-year-old building, is continuously in need of maintenance and the costs associated with this can be astronomical when such things as roof repairs or painting are needed. This is something that we cannot afford to do, yet must do and so the "All is Change" project has been created. The "All is Change" project is very simple. Most of us have a bowl or a jar or some other kind of container that we keep somewhere at home and fill up with loose change because it's too heavy to carry around. Many hundreds of dollars has been collected so far both in loose change and Canadian tire money which has been put towards the building maintenance fund. If anyone would like to contribute to this fund, each penny will be appreciated.